#### LESSON THREE

# THE DIVINE SOUL BLUEPRINT

Understanding the Divine Soul Blueprint is essential to understanding what constitutes "positive" and "negative" choices for each of us as individuated expressions of the Divine. The energy centers are the most important aspect of our Divine Soul Blueprint.

Think of the various Energy Centers as different aspects, or qualities, of vital force energy. Our Soul is quite literally made of these Energy Centers. They are the energetic building blocks from which we were created. They are the most important part of our Divine Soul Blueprint, because our Energy Centers are also how we are designed to receive vital force energy from Divine Source.

There are eight energetic qualities of vital force energy that exist within our



Divine Soul Blueprint. Our Blueprint always contains all eight of these Energy Centers, but to very different degrees. The Energy Centers most prevalent within our Divine Soul Blueprint are the aspects of vital force energy we are inherently designed to receive most abundantly from Divine Source. Remember, vital force energy is creative energy. When we express the aspects of vital force energy from which we are created, then we access more of our inherent creative abilities and create a highly abundant experience!

Most of our Divine Soul Blueprints have one energetic quality that comprises between 40 - 50% of its vibrational spectrum. In other words, our Soul is primarily made up of that single energetic quality, or Energy Center. We call this the Soul's Primary Energy Center. This is the aspect of vital force energy in which we are most abundant. Expressing this single Energy Center in what we do and how we do it will create the most abundant human experience for us.

Some Blueprints have two energetic qualities that, together, comprise between 50 - 60% of the Soul's vibrational spectrum. These two Energy Centers will be almost evenly represented within the Blueprint. Usually they will be less than ten percent apart from one another. Sometimes the difference is just one percent. We call these two vibrational qualities the Soul's Primary and Secondary Energy Center.

When a secondary Energy Center is present, expressing these two vibrational qualities in what we do and how we do it will create abundance. They must both be expressed, in combination. Having a primary and secondary Energy Center is not better than having just a primary Energy Center! In fact, it is far more complicated for people to make choices that express both these energies. About

70% of Souls present with only a primary Energy Center, while the other 30% present with both a primary and a secondary.

Our primary / secondary Energy Centers are our Divine Gifts. They are the energetic resource we are inherently most abundant in. They are the aspects or qualities of vital force energy that we are built to infinitely receive from Divine Source. Our "Soul Purpose" is simply to be who we truly are, and to experience our Divinity within our humanity. This is why our Souls incarnated. Making choices based on our Energy Centers is the same as living our Divine Gifts and our Soul's Purpose. It is the key to creating an abundant, fulfilling human experience.

Remember that vital force energy is creative energy. As such, it has both a positive and negative polarity! The creative process is always one of both construction and destruction. After all, before we can create anything new, we must eliminate what was there before. If we are to create the human experience we want, we also have to let go of the human experience we currently have!

This is an expression of the Universal Law of Polarity, which states that everything must have its equal opposite in order to exist. The Energy Centers are different expressions of vital force energy, and therefore also each have a negative and positive polarity. The negative polarity of our energy centers always shows us what we need to eliminate from our lives.

This is the destructive part of our creation process and must be embraced as much as the constructive, positive polarity! When we experience the negative polarity of our Energy Centers, we must be willing to address the situation.

Circumstances, habits, and relationships must either be transformed to align to the positive polarity, or must be eliminated entirely. If we ignore the negative polarity of our Energy Centers and do not use it to engage in the destructive aspect of our creative process, we end up in the dysfunctional expression of our Energy Centers.

Creative energy must create. When we don't express our Divine Gifts in a productive and constructive way, then our natural creative resources often express themselves as drama and dysfunction. Because so few people are expressing their Divinity, you may find that quite a few of your clients relate more to the dysfunctional aspect of their Gifts than the functional.

Most of us do not relate to our Energy Centers as actual "gifts." The characteristics of our Energy Centers are just our "normal." It is common for us to assume that everyone has those same characteristics. We unconsciously draw on our Energy Centers to do just about everything and anything, even if our Energy Centers aren't really suited to what we are trying to create. We take our Divine Gifts for granted! To us, they are simply not that special.

That's why it's so helpful for us to know the Divine Soul Blueprint of the people around us. This truly helps us tune in to what makes our gifts unique and special, through contrast. Most people tend to resonate more with who they want to be, rather than who they are. Give someone a list of Energy Center characteristics, and they almost never identify with their own. As we go through the Energy Centers, you will most likely not resonate to your own. This is normal. As human Beings, we often have "gift envy" - everyone else's Energy Centers seem better and sexier than our own.

Most of your clients will acknowledge that the characteristics you are describing relate to them, but they will usually be surprised that these are their "Divine Gifts." Your clients will usually not have considered leveraging these characteristics within their lives to create more of what they want. It is so important that we communicate the Energy Centers as the practical path to manifesting abundance.

We always serve as an advocate for our client's authentic Divine self-expression. Sometimes our gifts just make us different from the way society tells us we "should" be, making us think there's something "wrong" with us and misinterpret our gifts as character flaws! We can validate for a client that a choice that society thinks is "good" or "normal" is actually negative for them and is creating lack in their lives.

It is also important to recognize that our Energy Centers are not always what we inherently "love" to do. We may love to write, but writing isn't one of our Divine Gifts. We may enjoy creating art, but art isn't one of our Divine Gifts. While we can engage in these activities and become competent through hard work, we will not create true abundance outside of our Divine Gifts. If we insist on pursuing career paths and professions in a way that don't allow our Divine Gifts to shine, we may be able to make a decent living. However, we will always have to work very hard, and we will always have to tolerate some level of lack. This is how most people live.

On the other hand, if we leverage our Divine Gifts, we will have to invest effort but we will receive incredibly abundant results from those efforts.

It is always our responsibility to express our Energy Centers in a productive, functional way. We must at all times choose to express our Divine Soul Blueprint at the level of practical action. Our Divine Soul Blueprint isn't going to just assert itself functionally into our lives without our active participation. It is our responsibility, for example, to develop human skills sets that go along with our Divine Gifts. Developing those skills sets will be much, much easier because of our Divine Gifts, but we still have to put in the effort.

In our work, we only focus on the primary and secondary Energy Centers for the client's Soul. It is irrelevant to focus on what energies are not represented in our Divine Soul Blueprint. After all, that's how we get negative choices to begin with.

#### **ENERGY CENTERS: PROTOCOL**

- What is the Soul's primary Energy Center? (1 8)
- Is there a secondary Energy Center? If yes, what is it? (1 8)
- What percentage of the Soul's Blueprint does the primary Energy Center represent?
- (If secondary is present ONLY) What percentage of the Soul's Blueprint does the secondary Energy Center represent?

### THE FIRST ENERGY CENTER: DIVINE COMPASSION

This is the energy center of compassion, community, nurture, and nature. Clients whose Souls are centered in this energy are highly compassionate, tolerant, and unconditional. They are very concerned with family, social and planetary causes, the tribal energy through which we are all One at the physical level. This Energy Center is grounded in doing, in helping at the most basic level, tending to our

basic human needs, raising and teaching children, social work, nursing, hospice care, growing food, gardening, and environmental issues.

Community is very important to them. They excel at creating, structuring and organizing communities, whether that community is a family, neighborhood, school, or charitable organization. Their gift is empathy. They can utilize this gift to ensure that each individual is served within their community, in a way that also allows the community to thrive. They may thrive by incorporating their gift for community into their careers, by creating successful non-profit organizations or engaging in social entrepreneurship.

This does not mean they are always raging extroverts who are the life of the party. However, they must feel a sense of belonging to some sort of group, cause, or community in order to experience their Divinity.

The negative polarity of this Energy Center is isolation. Without a sense of community, first Energy Center people quickly lose their sense of Self. They do best to address or eliminate situations that make them feel alone, isolated, or left out. Because they do have such a strong sense of community, it can be hard for them to walk away from relationships and groups that make them feel isolated. Their tendency can be to work harder for acceptance and inclusion.

However, letting go of groups and relationships in which they are not understood or valued is often the counter-intuitive key to finding an environment in which their gifts shine. Allowing isolating experiences and relationships will lead first Energy Center folks into the dysfunctional aspect of their Energy Center: Sacrifice. They will become highly "other-focused" in an effort to be valued and

accepted. They will try to serve and help others inappropriately in order to shift out of isolation.

In an effort to connect with others, they may also "take on" everyone's "stuff" and participate in their emotional lives to an unhealthy degree. They may seek to help others to the point of sacrificing their own health and financial situation. They then try to help from a place of lack and end up in ever-growing states of depletion. They may become so over-identified with the people they are trying to serve that they lose track of the only experience we are truly here to create ... which is our own.

First Energy Center Souls often come to us in a state of depletion, having spent years and years in the energy of sacrifice. Coming back into balance may feel quite selfish to them. They may also come to us, seeking a stronger sense of personal and spiritual identity, because they have tried so hard to bring value and fit into a group or community. It is important for them to serve a community while the community returns that value to them, rather than sacrificing.

### THE SECOND ENERGY CENTER: DIVINE MANIFESTATION

This Energy Center is all about the joy of the physical plane. It is centered on building and manifesting what is real, tangible and lasting. This energy teaches us about the value of the physical experience. The positive, functional side of this Energy Center embraces money, sexuality, and the physical body.

People primary or secondary in this Energy Center are builders and will enjoy creating something that withstands the test of time - actual buildings, physical

objects, brands, and wealth. They also show us how to be embodied and may be drawn to helping us embrace our physicality, through athletics, yoga, dance, tantra or even adventure travel.

When they embrace money as physically creative energy, they attract it easily. They may be drawn to study money, finance, investing, and everything to do with building wealth. They may love new experiences, engaging with the physical world or even their body in a new way, meeting new people (preferably in person!) and experiencing themselves in new environments.

Whether it's body-building or leading people in adventure travel, architecture or financial planning ... these people create success and abundance by shaping and enjoying the physical experience.

When functionally self-expressed, they will love creating new physical experiences, whether that means manifesting wealth, creating a business, or a whole building. From the outside, they may be perceived as "chasing" success or wealth endlessly, but this is a misperception. They simply love creating new experiences so much that they don't want to stop.

The negative polarity of this Energy Center is becoming ungrounded and disconnecting from the experience of the physical realm. They are often highly kinesthetic people that may not do well in traditional school systems that are focused on sitting behind a desk and book learning. They may also, because of past negative choices, incarnate into situations that are unpleasant at the physical level. A lack of physical safety will create disconnection from the physical realm.

If second Energy Center clients get into their own heads too much and focus solely on intellectual pursuits or never get out from behind their desks, they will lose touch with themselves and create lack. Because lack makes the physical experience much less enjoyable, it may lead to withdrawing further into the intellectual and mental realm, often to "figure out" the problem! Of course, this creates more disconnection and more lack, leading to more withdrawal, and so on.

Disconnection from the physical and a lack of groundedness can lead to the dysfunctional expression of this Energy Center, which is an excessive or even destructive focus on physical or emotional sensation. This may look like constantly chasing the next "high." They may get stuck in the intensity of their emotional life and get so focused on the experience of their inner world that they stop creating outwardly. They end up wallowing in emotion, rather than releasing their emotions constructively through action. They may also become addicted to extreme physical sensation, whether that is through thrill-seeking such as skydiving, or indulging in over-eating, alcohol, substance abuse, or sexual addiction.

# THE THIRD ENERGY CENTER: DIVINE ORDER

This Energy Center is all about balance, harmony, beauty, art, law, order, perfection, and peace. These Souls are experts in being in balance and harmony within themselves, with each other, and with their environment. Their gift is to blend the beauty of form and functionality. Not only do things have to be beautiful, they also have to function beautifully and efficiently.

They may be highly creative and artistic. Beauty often nurtures them. They are frequently very "put together" and thrive on orderly, organized, and beautiful spaces. They may have a great artistic eye and sense of aesthetics, or are excellent planners and project managers. They love organized systems that are harmonious, whether those systems are a business, a home, or a canvas!

They have an innate sense of fairness, law, karma, the balance of choice and consequences. They like to create deliberately, in an organized and structured way that doesn't upset the balance of things too much!

They make excellent trainers, because they have a way of breaking complexity down into step by step systems and methodologies. They are also sometimes drawn to the world of public speaking. They enjoy being the center of attention (when they are organized, well-dressed, and well-prepared!) and are excellent leaders because of their flair for organization and efficiency. They are excellent planners and organizers, because these are ways of establishing order.

The negative polarity of this Energy Center is drama! The energy of drama simply isn't a fit for these peace-loving, balanced, orderly Souls and they are well-served to address or eliminate any dramatic situations and relationships. Unfortunately, third Energy Center people may find themselves doing whatever it takes to keep the people around them happy, all in avoidance of drama such as arguments or intense emotional situations. They may also try to excessively manage and organize the lives of everyone around them, so that drama can't enter their experience.

They often accommodate others at cost to themselves, because they hate it

when people are upset at them. If they avoid drama rather than addressing or eliminating those situations and relationships, they can become quite controlling of others and end up not having much focus left over to create their own experience. They will end up in the dysfunctional aspect of this Energy Center, which is perfectionism and stagnation.

In order to prevent the drama of failure, they will find themselves excessively organizing and planning to "make sure" everything is "right" in lieu of actually doing much. They want everything to be "perfect" and end up investing a ton of energy in merely maintaining status quo. When reality doesn't match their perfect plan, they become disappointed and are very hard on themselves, give up, and come up with their next perfect plan. Their love of beauty may also translate into excessive focus on outward appearance, a fear of being embarrassed or seen as less than perfect, and a preoccupation with people's perception of them, all of which paralyzes them into inaction.

# THE FOURTH ENERGY CENTER: DIVINE LOVE

This is the energy center of Divine Love and Healing. Clients with this energy as primary are innate experts at being in relationship. They are also natural healers - it's not something they do, it's just who they are. Their healing gift is loving acceptance and non-judgment. They hold a sacred space for others in which they can reclaim the pieces of themselves that they have made wrong, that they have disowned. The greatest value they offer is simply their presence - generally, we want to spend time with them without knowing why.

They love being with people and we innately trust them and are willing to share

just about anything with them because they are so non-judgmental. They are frequently excellent listeners because they create such a natural sacred space of non-judgment. They are incredibly giving people (who can easily turn into doormats!!!) and they can become depleted because of this trait. People may take advantage of their generous and giving nature.

They are natural healers - whether they do this formally or informally. They bring us back into our wholeness through loving self-acceptance and non-judgment. They tend to need close relationships, and love taking care of others and being taken care of, nurturing and being nurtured. It's all about inter-dependency and relationship for them. They need people to relate to and be in relationship with. They find their greatest success when they are both supporting others and being supported, and when they uphold healthy boundaries in their relationships.

They make excellent managers in the business world because they truly make their teams feel cared for. They evoke incredible loyalty in the people that work for them. They excel in any environment where people must feel nurtured, from hospitality to healthcare, and are gifted at creating great customer service experiences. The negative polarity of this Energy Center is a lack of support. They must address or eliminate situations in which they feel they are going it alone, with nobody to help, nurture, or support them.

Because these people are so relationship-centric, they must at times learn to be more conditional with the people around them. They have to be discerning as to how much they give without receiving in return. They also frequently have to learn how to say "no." It is appropriate to receive as much as we give in relationships. However, when they feel unsupported, fourth Energy Center

people tend to model by giving what they want to receive, which can backfire. They give and expect others to give back in return ... which often never happens. Instead of renegotiating or eliminating the relationship, fourth Energy Center people then tend to double down on modeling what they wish to receive, giving even more. In this way, they may end up resentful and depleted, and end up in the dysfunctional aspect of this Energy Center: the martyr who gives without ever receiving anything back. When they are in depletion from lack of support, they have a tendency to go into helplessness.

Instead of seeking to be truly supported and nurtured, they want someone to just handle aspects of life FOR them. They will abdicate responsibility for their finances, aspects of their business, etc., all in the name of "being supported," but actually end up disempowered and even more helpless in this process. They may slip into victimization as well as depletion, feeling that the world is a very unfair place in which they always give but never receive back.

# THE FIFTH ENERGY CENTER: DIVINE COMMUNICATION

This is the Energy Center of communication, self-expression and authenticity. This is the realm of the teacher, and the written and spoken word. They have a very special relationship with language - words will have taste and substance for them. They are natural experts at communication. They can become exceptional writers, speakers, or both. They innately know how to inspire and move people into action through words. They excel at helping others change at the level of thought and mind, by introducing new ways of looking at life through the written or spoken word.

This often translates into the realm of business within the areas of marketing and sales, where excellent communication skills are key. It is imperative that fifth Energy Center people use their words in how they make a living! This is often what unlocks abundance for them. It is always important for them to have an "audience" of sorts to communicate with, whether that's one person or a group of listeners or readers.

They are highly verbal people, often constantly talking, teaching and having whole conversations in their own minds. They always need to "talk things through" and one of the greatest gifts anyone can give them is to simply listen and let them work their thoughts through verbally.

They are teachers but are frequently even more comfortable in the realm of the student! They can be avid life-long learners and voracious readers. They can be prolific content creators and may be full of ideas of what to write and teach. However, because this is the realm of authenticity, it is vital that they express their own unique opinion and expertise, gathered through personal experience and the results they themselves have created.

They have strong opinions and perspectives, and their abundance will actually come by upholding their unique point of view publicly. They get on little soapboxes and are highly outspoken. Their inner wisdom frequently unfolds spontaneously when they communicate. Most especially, they will find themselves giving excellent advice that surprises even them when they are in conversation. They are a natural channel, and channeling happens in the moment.

The negative polarity of this Energy Center is when their communication falls on deaf ears! Communication, after all, is a two-way street. If nobody is listening and engaging with their communications, fifth Energy Center people must either find an audience that actually values what they have to say, or relay their message differently. If they don't address that nobody is listening, they may fall into inauthenticity, and just start communicating what they think people want to hear.

Unfortunately, they may also start simply rehashing what they have heard from other teachers or mentors, leading to plagiarism rather than authentic self-expression. Some fifth Energy Center people have become so conditioned to not speak their Truth that they hide in the student role. They will endlessly read, learn, and study but not actually DO anything ... because then they might actually have something original to express! It is important that they learn, DO, and then teach from their personal experience if they are to unlock the abundance of their Divine Gifts.

If this Energy Center continues to remain unheard, they will end up in the dysfunctional aspect of their Gifts and communicate to no-one. Their Gifts may come out through unwanted and often inappropriate advice. They may also talk, talk, and talk some more, without any regard for who is listening or whether anyone wants to hear it. Their communication style may descend into "verbal masturbation" - they just talk for the sake of talking! If human Beings aren't listening, they might find solace in the spiritual realm. They may journal and channel endlessly, without ever publishing and serving the world through their gifts.

#### THE SIXTH ENERGY CENTER: DIVINE TRUTH

This is the Energy Center of Divine Truth. Divine Truth is the Truth of our Divinity, a deeply personal, highly subjective Truth that differs from one individual to the next. This is a highly visual realm - they are "seers" and may be highly intuitive and clairvoyant. They may also be drawn to the visual arts and photography as a way to express Truth.

They are spiritual warriors at heart that take a strong strand for Truth and bring it to Light where it's needed.

They have a gift for seeing people and situations very clearly, as they truly are. They have incredible powers of observation. When congruent, they are "tell-it-like-it-is," outspoken individual that speak up when something is amiss and tell the Truth that everyone needs to hear. They find success when they help others uncover and take a stand for their personal, unique Truth, and help others see themselves for who they truly are.

They are natural consultants and advisors. We inherently trust them because of their relationship with Truth. Their natural consulting skills serve them well in business in the realm of sales. Ideally, they also manage by coaching and consulting their employees into their own best way of accomplishing results. Within a corporate hierarchy, they are often the trusted advisor to their peers and beyond, the person who will speak the uncomfortable Truth as needed. They often have a "bullshit radar" that is turned up very high and they may also be natural human lie detectors.

Their blunt communication style sometimes gets them into trouble. Sixth Energy Center Souls must learn to speak Truth in a way that others can actually hear it. The negative polarity of this Energy Center arises when the Truth is unwelcome. They must address or eliminate situations and relationships in which the Truth isn't present or wanted. Truth can be highly inconvenient. If they do not address these situations, they may observe, but not say much or share their observations. They may become the "strong, silent type" which is certainly safer, but does not allow their Gift to shine.

Children who incarnate into situations where Truth is unwelcome may be told "we don't say that!" because Truth is not always polite or convenient. They may quickly learn to keep their observations to themselves.

They may assume that other people don't want to hear what they have to say, or can't handle their perspective. They may withdraw completely into a visual medium that "speaks for itself" (photography or other visual arts, or graphs and charts!) to the exclusion of constructive verbal communication.

They may also fall into the dysfunctional aspect of this Energy Center, shifting from Truth into judgment. They can have a very black-and-white way of looking at the world that does not allow for any "Truths" but their own and they become entrenched and rigid in their thinking. They can become aggressive and belligerent in expressing these rigid opinions, no longer insisting on Truth, but on being right.

THE SEVENTH ENERGY CENTER: DIVINE POWER

This is the Energy Center of Divine Power, which we access through free will and choice. This energy center is about doing and being whatever we want, without limitation. Having freedom of choice is incredibly important to them, and a sense of freedom is one of their most important values. They are highly energetically sensitive, and have an innate understanding of energy. They may be very intuitive or psychic, but can also be introverted because being around people and their noisy energy all day is exhausting.

They manifest extremely quickly and powerfully. This means that, when aligned, they create results very quickly. However, when they are in misalignment, they also very powerfully manifest a whole bunch of nothing. They must learn to take the immediate feedback they receive from their results ... "things" will not get better "eventually." They are highly independent and strong-willed. They hate being stuck in situations where they feel they have no choice. They take action more easily than most, because they understand that only choice creates new experience. They can, however, get stuck in being busy, rather than productive.

They embrace change more readily than most people, and can become the driving force behind the change, and create what they want consciously. They love tools and learning how to use them, because each tool represents new possibilities and new choices being available to them! Because they have such a strong desire for self-determination, they do not enjoy being children and not being able to make their own choices. Money is highly important to them, because it allows them freedom of choice.

They often find success in leadership positions. They have a lot of energy, and their strong will often makes them charismatic and attractive to others. They

are willing to stick their necks out and go first. Seventh Energy Center Souls are not risk-averse ... they are often more willing to fail than most, because they realize that they are always empowered to correct their mistakes down the road. This means they often do best as entrepreneurs. This also gives them more opportunity to live as they choose.

The negative polarity of this Energy Center is obligation. Whenever these Souls feel like they "have to" or "should" and that they don't have freedom of choice, they must address or eliminate those situations and relationships. Instead of eliminating obligation, they may actually take on more responsibility so that they can do things their own way. They are high energy people who can take on a lot, including responsibilities that aren't even their own. If they continue to tolerate obligation, they will become resentful over their lack of freedom and independence.

When they are accountable to too many other people, they will find themselves frustrated with the pace of others, who don't take action fast enough for them. They will be resentful of people taking up their time, which is another form of freedom. Their Gift of energetic sensitivity will feel like a burden and cause them to become reclusive. If they become overloaded enough, they will engage with the dysfunctional aspect of this Energy Center, which is possibility paralysis Rather than making more choices and putting still more responsibilities and obligations on their own plates, they will get stuck in endlessly exploring possibilities.

They will endlessly explore new tools, new knowledge, etc. for the sake of creating more and more possibilities in their lives, without actually moving

forward into any of them. They will get stuck in indecision - but their form of indecision can look very busy! They can even rationalize why they need yet another piece of software or tool or training before they can finally move forward. Meanwhile, they are actually just spinning their wheels and not creating any new results.

#### THE EIGHTH ENERGY CENTER: DIVINE WISDOM

This is the Energy Center of Divine Wisdom and the connection to the inherent wisdom of the Universe to the physical world. Do not confuse Wisdom and Truth. Truth is subjective - Wisdom is universal. They are thoughtful, introspective people and are excellent listeners. They give amazingly insightful, succinct advice, rooted in common sense and rational thinking.

They are highly intelligent and have uncommon "common sense" and know when people are trying to run a bypass on reason and logic. Wisdom is very concise. Often, these people do not say much, but what they have to say is profound. They are deliberate, thoughtful decision makers and often create success by helping others see through their own illusions, false self-perception, and mistaken thinking.

Their insight makes them excellent coaches, whether they use these skills formally, or as a way to sell, to manage a team, or run a family. They are drawn to what "make sense" to them. They are very reasonable and highly principled. They often embrace logic and common sense over emotionality. Simplicity is their gift and they often excel at reducing complexity in a way that increases efficiency. If there's a more reasonable way to get from A to B, they will find it.

The negative polarity of this Energy Center is irrationality. They must address or eliminate situations and relationships where reason, logic, and "common" sense isn't present or valued. They do not thrive in environments that simply don't make sense to them. There is a lot in our world and society that does not run on reason and logic, and "common" sense is not at all common for a lot of people! When eighth Energy Center people don't put themselves into situations that make sense to them, they can become very impatient and fed up with people in general. When they incarnate to parents who don't operate reasonably, childhood may be difficult for them. They may also dislike participating in social conventions that just don't "make sense."

The dysfunctional aspect of this Energy Center is contempt. If they don't create relationships and situations in which their wisdom is valued, they can become angry and intolerant of a world where no-one seems to want to listen or has any "common sense." They may withdraw from the world and stay on the outside of social conventions, or even become quite contrary to them. They may decide that "people are stupid" in general, and wisdom may shift into spiritual and intellectual arrogance.

### PRIMARY AND SECONDARY ENERGY CENTERS

Our secondary Energy Centers add to and combine with our primary energy center. At first glance, it may appear as if two Energy Centers are at odds with one another, but this is never the case. For example: 7th and 4th energy center combine beautifully, as do ALL energy center combinations. Occasionally, some characteristics mitigate one another. For example, someone who is 6th and 5th will not have as many issues with diplomacy as someone who is primary 6th only.

#### "MORE" INFORMATION ON ENERGY CENTERS

Please note that you actually can't search for "more" information on the Energy Centers online, nor are there books written on the topic. The information on Energy Centers is unique to this modality, and is the result of twelve years of study of the human Soul, countless sessions, and observing clients creating results. Sometimes your clients may want "more" information on their Energy Centers.

We want to point out to them that this work is not about gathering huge volumes of information. It's about transformation! There is so much new action that can be taken based on the energy centers. There is always another layer or level of self-expression available. Personally, I don't have any "more" information that what I've shared with you ... but I've been implementing my Energy Centers for the last twelve years and I'm just getting started!

The way to developing greater understanding of our Energy Centers is to implement them in real, practical ways in our lives. We are here to have a human experience. Ultimately, experience is what leads to self-knowledge. The desire for "more information" is often a deflection from getting on with doing our Divinity (which is far more risky and takes more effort than endless studying.)

If you want "more" understanding and insight on the Energy Centers, the very best way you can develop this is to first take new action on your own Divine self-expression. The second is to access this information for as many people as possible. Each time you access the Energy Centers for a different Soul, you'll receive a deeper level of understanding. It's incredibly helpful to know the

Energy Centers for everyone around you and simply observe them in every day life.

# LESSON THREE DOWSING PROTOCOL

- What is the Soul's primary Energy Center? (1 8)
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