

LESSON FOUR

SOUL GROUPS OF ORIGINATION

The Soul Group of Origination is the second most important part of the Divine Soul Blueprint. Not all Souls begin their journey here on our planet. Some Souls initially incarnate elsewhere in our galaxy before incarnating on Earth.

Where we first incarnate does not shape us. Rather, we incarnate for the first time into a star system that is most vibrationally “like” us at our origination. Soul Groups of Origination share certain Soul-level traits that serve them within their human experience in creating more of what they want. By looking up the Soul Group, we can gain even more clues as to our Divine nature so that we may express it into our human experience.



There are a limited number of places from which Souls come here. Once Souls come into a third-dimensional experience and create karma, they can only experience and resolve karmic consequences through another third-dimensional experience. There has to be enough “like-ness” between star systems in order to allow a Soul to go from a third-dimensional experience in one star system to another. This means a third-dimensional means of self-expression must be available.

Finally, there must be an opportunity for the Soul to experience “like” karmic consequences to the choices they’ve made so far! It’s miraculous that we have more than one planetary opportunity for self-expression. Please don’t imagine that there are infinite numbers of different Soul groups able to incarnate on our planet!

Our “Soul Group” indicates into which star system the Soul incarnated right after its origination from Divine Source. All of us have an inherent understanding of the energy of the various Soul groups, since we share “like-ness” and the various star systems are part of our night sky here on Earth. Soul Groups are named for stars rather than planets when they are located outside of our galaxy.

Soul Groups can be organized into Souls who originated within our solar system, and “Star Traveler” Souls who originated elsewhere in the galaxy. Most Soul Realignment Practitioners and clients are Star Traveler Souls. We all tend to attract each other. Most Souls on our planet, however, are Earther Souls.

Soul Groups within our Solar System include Souls from Earth, Maldec, and Mars. Soul Groups from other star systems include Souls from Mintaka,

Polaris, Pleiades, Procyon, Sirius, Arcturus, Spica, Vega, Alpha Centauri, Hadar, and Draco. Souls may also belong to the “Blueprinter” group. This group is not defined by a physical location of origin but are travelers and energetic “engineers” of sorts. A few Souls also come here from a different galaxy (Mission Realmers) and a parallel dimension (Parallels).

You’ll find that the more Souls you read for, the more energetic understanding you’ll have of the different Soul Groups and this information will become a “short hand” of sorts for understanding the people around you!

As with the Energy Centers, the Soul Groups can express themselves dysfunctionally as well as functionally within this human experience. If we repress the Truth of who we are, our Divine nature will always assert itself dysfunctionally! It is always our responsibility to make choices that allow us to live our Divinity in a way that is functional within the human experience.

Because the Soul Groups are a set of characteristics rather than different energetic expressions of vital force energy, they do not have a positive and negative polarity inherent to them.

SOUL GROUPS: PROTOCOL

- *What is [Client’s] Soul group of Origination? (Use Chart)*
- *Is there an overtone or underlay?*
- *(If yes) Is there an overtone?*
- *(If no) Is there an underlay? (Can only be one or the other!)*

EARTH

You may come across a very few Earther Souls in your practice. Earther Souls are grounded, practical individuals that are very comfortable in their physical experience ... in fact, they are driven by comfort, safety and security as their primary goal!

They have a strong relationship with this planet and may be interested in Earth healing energies and have a concern for our environment. They will also have a strong relationship with nature - being outside is balancing and important to them. The dysfunctional aspect of this Soul Group is complacency. They may become overly focused on physical comfort and safety to the point of stagnation.

MARS

The surface of Mars was supposedly rendered uninhabitable by the explosion of Maldec. Earth was simply the next most convenient place for Souls from Mars to express themselves. We rarely find Souls from Mars in our practice.

Souls from Mars are not very comfortable on this planet. They have a feeling of being misplaced and not belonging here. They often shape their bodies based on this sense, and can be slightly odd-looking.

Souls from Mars like a lot of structure and can be quite aggressive. Their society was one made of warriors and very male-dominant (there's a reason we think of Mars as the God of War!) They may be drawn to military service. The dysfunctional aspect of this Soul Group is hiding from society. They may be the

quiet bookkeeper in the back office, or the scientist working in the laboratory eighty hours a week.

MALDEC

Maldec was allegedly a planet that was destroyed and is now the asteroid belt, located between Mars and Jupiter. Maldec was a warring civilization that disproportionately advanced themselves technically and mentally until they succeeded in literally blowing up their own planet.

The explosion supposedly stripped the surface of Mars and shifted the axis of the Earth, which is why we now have a 365 day orbit instead of the original 360 days that comprised the Earth year.

Maldecians are very rare. They are extremely mentally gifted and have trouble with emotions. They are very deliberate decision-makers and tend to over-think their choices for fear of creating devastating consequences. They are gifted strategists and analysts. The dysfunctional aspect of this Soul Group is social awkwardness or anxiety because they do not relate to their emotions well.

MINTAKA

Mintaka is located in the constellation of Orion, and most Mintakans will recognize this constellation and constantly look at it in the night sky. Mintaka was a water world and a somewhat utopian civilization where no-one made conscious negative choices. Mintakans have a very hard time with the amount of willful negativity on our planet. They do not understand choices to go to war, to hurt others, to lie or be mean. Their great gift is to see only the positive potential in

others, and this makes us feel extremely good about ourselves!

Mintakans often have rose-colored glasses on. They focus on the positive side of life. The glass is always half-full and every cloud has a silver lining. They are often completely blind-sided by other peoples' choices for negativity. They simply don't understand these choices. Mintakans do not have the capacity to make conscious negative choices - if they know it's "wrong," they can't do it!

Mintakans tend to invest themselves heavily in other people's potential. They usually are everyone's cheerleader and the person others turn to when they need to feel good about themselves. Mintakans need to develop greater discernment between someone's potential, and the Truth of who they actually are, as evidenced by their choices and current consequences.

Mintakans have a tendency to take on people as "projects." This is especially true of Mintakan women in romantic relationships - they tend to pick partners based on who that person wants to become rather than who they are.

Mintakans tend to overestimate others. Most people actually never step into their potential, they just enjoy being in the energy of someone who upholds it for them. Mintakans can end up highly disillusioned and disappointed by others. They give people four, five, or six chances ... even when they are being heavily taken advantage of because they don't expect negative choices from others. They must focus on embracing their own potential and actually leverage their ability to uplift others and bring out the best of them in a way that serves them, rather than exhausts them.

Mintakans have an odd relationship with water - they will love being around it and in it, but some Mintakans don't like 'dark water' such as the ocean or a lake. On their home world, sun filtered through to the bottom of the ocean. Water is a very healing element for Mintakans, although being near it often fulfills that purpose. Because their home world is no longer inhabitable, Mintakans often feel a strange sad longing for "home." They love working from home and tend to be nesters.

POLARIS

Polareans are our "true north" and they embody loyalty, constancy, and consistency. They are the people we always count on to be there for us. Polareans stay in jobs, marriages, friendships, social groups and organization for years and years ... sometimes far longer than is good for them. They can be loyal to a fault and need to learn to be loyal to themselves first.

Polareans bring in the energies of oneness, wholeness and unity. They have a talent of creating these energies in groups - families, organizations, clubs, etc. They are the "glue" that hold us all together.

Polareans love inclusivity. They love making decisions "in committee" with partners and co-workers, and love all aspects of "togetherness." Polareans are slow to change their lives - they take a long time to consider big life changes. Once their mind is made up, however, they are a force to be reckoned with. Polareans don't do well with slow, gradual, incremental transitions. Change is so hard for them that they are best served by making big changes all at once.

The dysfunctional aspect of this Soul Group is stuckness. Polareans can become deeply entrenched in their current situation, their way of thinking, their habits, and even their plans! They can also stubbornly insist on pursuing a path that is clearly not going to serve them. Their ego can at times get stuck on a particular self-image, even if that self-image proves incongruent and unproductive time and again.

PLEIADES

Pleiadeans are natural change agents. They are very active as visionaries, teachers and they are powerful communicators. They tend to be highly verbal people! Their motto is “just do it!” Pleiadeans are unafraid of change. In fact, they like to jump in with both feet, and FAST.

Pleiadeans have great vision and are “big picture” people. Often, their vision is so grand that it is highly impractical. Interim steps are tedious and cumbersome to a Pleiadean. They want to get to their ultimate goal in a single step, meaning they often never get started.

Pleiadeans love to communicate. Because they inspire others with their big vision, they excel at creating and leading a community. They are great motivational speakers and writers. Pleiadeans are charismatic and charming, and frequently love being the center of attention. Pleiadeans are great visionaries and communicators, but detailed implementation is best delegated. They like to skip steps whenever possible and often sabotage their own creative process by going for the “quick fix” whenever possible.

The dysfunctional aspect of this Soul Group is manipulation. In their desire to go fast and skip the boring small steps, they use people as a resource - or as a shortcut - to get where they want to go. They have no problems elaborating the truth, or spinning a good story to get what they want from others. They have a way of justifying the means they use to get to their goals. Pleiadean Souls orient themselves negatively with great frequency.

They also have worked out a way to leave Earth for other star systems by executing a “karmic dump” and essentially convincing other Pleiadean Souls to take over their karma for completion here on our planet. If you find negative unjustified karma (more on that in Lesson Six) for a Pleiadean Soul, it is worth checking to see if the karma is actually their own, or if they agreed to take it on from another Pleiadean Soul.

PROCYAN

Procyan Souls are a bit of a mystery. They are very drawn to allowing solar energy to nurture their bodies. The practice of breatharianism comes from this Soul group. Procyans are drawn to sunshine! They love to be outside and need a great deal of light to flourish. They often have very slight, thin bodies and unusual eyes. Procyans ended up on Earth accidentally and feel quite aimless on our planet. Their own planet adopted a more isolationist policy and Souls that were traveling were simply shut out from returning.

They often don't have a clear connection to a sense of purpose and feel a bit lost here. They do best supporting others who have a clear sense of direction and purpose. The dysfunctional aspect of this Soul group is a lack of direction

in life. They may try to make others responsible for giving their life meaning and purpose, leading to codependency within relationships.

SIRIUS

Sirians are very invested in improving things! If they had a slogan, it would be “Let’s find a better way!” Their creativity is inspired by existing structures and systems. They do not invent the wheel - they make the wheel rounder, faster, and more efficient with their creativity. Sirians are inspired by improving what already exists, or combining and assembling what already exists in a new way. They tend not to create “from scratch” or come up with something completely new.

Sirians tend to be fairly organized. They often love systems, methodologies, processes. They like to plan, write lists, have detailed calendars, mind map systems, and spreadsheets. Some even like their checkbooks! Sirians enjoy structure and hierarchy and are actually very comfortable in hierarchical organizations such as corporations. They are quite risk-averse and like to be a part of established structures.

They can be highly goal-oriented individuals that plan out all their steps to success with a high level of organization and motivation. However, they can also get stuck in planning, analysis, and perfecting methodology to the exclusion of actually implementing it. Their love of improvement extends to self-improvement, and they are often found in the world of personal transformation. However, they can get frustrated if they are not in a position where their helpful advice is wanted or appreciated.

They can also frustrate themselves by a desire to be original and innovative. Unfortunately, this is not how Sirian creativity works - they need to improve on what already exists. They can be highly creative and original in this way, but only when they embrace the risk inherent to putting new ideas out into the world.

The dysfunctional aspect of this Soul Group is a lack of originality. Instead of employing their creativity to improve what exists, they do their very best to adopt existing structures and systems. They will embrace religions, corporate values, and social norms aggressively, trying to be “the best” at the structure or system they’ve adopted. They may also adopt other people’s teachings or products, etc. as their own, sometimes plagiarizing intellectual property.

ARCTURUS

Arctureans are often highly conscious individuals that uphold spiritual wisdom. They have a great deal of insight to share. They are, however, fairly quiet individuals. They do not aspire to be well-known or famous. Arctureans tend to remain in the background. They are often the influencers behind the influencers, the people who know everyone but that no-one has ever heard of. They are often drawn to the study of metaphysics and spirituality, where their insight and wisdom is most appreciated.

Arctureans are somewhat baffled by existing social structures and systems that don’t seem to “make sense” to them. Whether it’s organized religion or institutions such as marriage, or the educational system, they may feel ill at ease or at odds with engaging in these types of structures.

The dysfunctional aspect of this Soul Group is secret rebellion against “normal” social structures, rather than openly seeking to challenge and reform them. Arctureans may start having “secret lives” that allow them to express aspects of themselves that don’t quite fit into society’s perception of “normal,” rather than taking a stand for living the Truth of who they are.

SPICA

Spicans are a fairly rare Soul Group. Their home planet itself did not have many Souls on it. Spicans love lots of space - to them, the Earth is a very crowded place. They like to spend time alone, and in nature where they have comparative energetic peace and quiet. Spicans may struggle with the practicalities of our planet. For this reason, they may seem spacey and ungrounded at times.

Spicans are very expansive, non-judgmental people that take a stance of neutrality towards the choices of others. They are often dreamers and visionaries, and have a live-and-let-live outlook on life. They are loving and warm-hearted, but because of their neutrality may come across as detached, dispassionate, aloof and uncaring.

They hold a very energetic clear space for others. They are energetically very quiet and neutral, which means we see ourselves very clearly in their vibrational space. This can be disconcerting if we do not WANT to see ourselves clearly!

Spicans can find their own emotional body quite overwhelming. They can get stuck in their own feelings, trying to endlessly process emotion rather than releasing them through productive action. Because the emotional and physical

aspects of life seem so dense to them, it may feel to them like it takes a lot of effort to get anything done.

The dysfunctional aspect of this Soul Group is escapism. Spicans often feel like the practicalities of life are very cumbersome and can come to resent being in a physical experience.

Spicans may find themselves drawn to the spiritual development world because they wish to escape physical life. They may buy into some of the more magical and unrealistic aspects of the new-age world, getting ever more resentful when they find that making a vision board and meditating does not actually lead to “effortless” manifestation. Spicans may also abdicate responsibility for the mundane practicalities of life, such as making money, telling themselves they can do without and embracing a very austere lifestyle.

NIHAL

One of the “newer” Soul Groups on our planet, Nihals began incarnating here in significant numbers in the late 80’s and 90’s and were referred to as “indigo” and “crystal” children, although many Nihal Souls also came to our planet much earlier. They are very conscious and self-aware and many of them are naturally intuitive. They can be quite naive about the physical world and must consciously be taught the “rules” that govern our society ... even though these rules may not make much sense to Souls that are relatively new to human society.

They question the status quo and the existence of the societal “rules” we teach them as children. They experiment with these rules, testing and stretching them

so they can experience the “true” consequences. They are the quintessential “millennials.” Because of their willingness to question the status quo, they are highly innovative, creative and quick thinkers. They may be drawn to any kind of virtual medium of connection such as social media.

The dysfunctional aspect of this Soul Group is entitlement. It’s one thing to question and reform the rules of society. It’s quite another to ignore human reality and still expect to create great results! Nihals can question reality to the point where they ignore it, creating their own “virtual world” in which they alone operate. Sometimes they quite literally create their own world online ... which may or may not create great real-life results for them!

ALPHA CENTAURI

Alpha Centaurian Souls are usually very mentally oriented. They are technical, analytical, great problem solvers, and often possess a very disciplined work ethic. They are highly practical with a strong emphasis on functionality. Alpha Centaurians are very strong, steadfast people that roll up their sleeves and do what needs to be done. They are very protective and are excellent providers for their families.

Alpha Centaurians can be so practical in their thinking that the emotional perspective is lost on them. Emotions are something they understand conceptually more than feel. This can actually be a strength - some Alpha Centaurians become experts at helping others sort out their feelings and emotional bodies because they do not engage in the drama and intensity of the emotional body as others do.

However, some Alpha Centaurans tend to ignore the emotional body completely, both in themselves and in others. Some literally have to learn behavior that demonstrates love and caring, because it does not come naturally to them.

Alpha Centaurians show love through practical acts of service. They will do for others what they perceive “needs” to be done. This means their efforts are not always valued.

The dysfunctional aspect of this Soul Group is disconnection. Some Alpha Centaurians can become loners who do not relate to others well. Sometimes this disconnection has a “practical” twist. For example, an Alpha Centaurian may become a workoholic, telling himself he is just providing for his family when in reality, he cannot connect to them.

HADAR

The Hadarian home world was a place of unconditional love, which is the energy that Hadarian Souls bring to our planet today. They have so much love to give. Unfortunately, they often struggle because unconditional love is not the basis for our relationships here on Earth. They can end up carrying quite a lot of victimization energy because relationships are conditional here on our planet.

Hadarians are incredibly loving Souls that have a lot of difficulty with relationships at the physical level. They throw themselves into loving relationships with an intensity that can be flattering, but also a bit scary to others. Hadarians often feel misplaced here on our planet and are always looking for “home.” Often they move around a lot, without understanding that what they are really looking for is

the unconditionality of their home planet.

Hadarians are, understandably, relationship-centered people that need a lot of interaction with others, including a high level of physical intimacy, an active social life and engaged family life.

The dysfunctional aspect of this Soul Group is co-dependency and enmeshment. Hadarians can lose track of the boundary between themselves and others. Because they seek unconditional love, they may self-sabotage and become highly disempowered, and expect others to “save” them when they are in financial struggle or a health crisis.

In their quest to be loved “no matter what,” they may become quite manipulative, literally pulling out all the stops to “get” the love they want. Their impatience may also result in poor impulse control - they may end up chasing the next thing that “feels good” emotionally and physically as a substitute for unconditional love.

BLUEPRINTERS

The Blueprinters are the group of Souls that, collectively, engineered the human experience as a place for Divine self-expression. The Blueprinters are the group that would show up from time to time on our planet, and assist in rapid evolution of consciousness through genetic engineering and / or education. Many of the leaps forward in our “civilization” is due to “visitors” showing up on our planet from time to time.

Because the Blueprinters essentially engineered the human experience, they

are karmically tied to their creation and incarnate in order to further evolve consciousness. The Blueprinters were eager to see what would happen through the combination of spiritual and mental consciousness with the rather primal, animalistic nature of the physical body.

The emotional body emerged at the intersection of the mental and physical bodies, which Blueprinters to this day struggle to understand. Blueprinters conducted their experiments in many parts of the galaxy and do not identify as being “from” a particular star system.

BLUEPRINT ORIGINATORS

It is doubtful that you will ever encounter a Blueprint Originator in your practice - these Souls were in charge of overseeing the engineering process of the human experience, and they have a profound understanding of how humanity works ... and how to make the most of it.

They have absolutely no need for our assistance - they understand the human experience far better than you or I do! They are highly empowered, wealthy, high-functioning, and often use their wealth and work to promote consciousness on our planet.

There are extremely few of them on our planet at any one time, and they tend to be in positions of prominence, leadership and / or fame by the time they reach their forties and fifties. They will birth themselves into affluent families and ensure that they receive a great education (not necessarily a formal one!) and can concern themselves with matters beyond day to day survival.

The dysfunctional aspect of this Soul Group is disillusionment with the humanity experiment. It is taking a long time for humanity to embrace consciousness, and Originators may find themselves rather bored with human shenanigans, leading to spiritual arrogance.

BLUEPRINT DESIGNERS

Blueprint Designers were responsible for taking the vision of the Originators and making it beautiful. They are highly creative Souls that thrive on artistic self-expression. They are very rare in our practice, because they are busy creating their art!

They may have a very distinct point of view or perspective within their art that makes them successful, although they may not be able to express themselves well in other ways. Ideally, their art energetically contributes to raising consciousness on our planet.

The dysfunctional aspect of this Soul Group is getting lost in their art. They may struggle with the mundane aspects of life, such as needing to earn money and can become the typical distracted, artistic type that has no patience for normal social conventions. They may create art that only they understand and nobody else appreciates. This may cause them to withdraw even further into their art.

BLUEPRINT TECHNICIANS

Blueprint Technicians can be seen as the “engineers” of the Blueprinter Soul Group. They were tasked with the practical implementation of the Originator’s vision. Because they were directly responsible for engineering spiritual consciousness to integrate with the physical body, they are the most karmically tied to humanity of all the Blueprinters.

They are very rational, highly mentally oriented and studious. The emotional body remains somewhat of a mystery to them, an unexpected side effect of merging the mental with the physical. By the way, many of them do not relate to this description of themselves at all. They often consider themselves emotionally self-aware, but they really have no point of comparison!

They are very oriented towards functionality - how do things work? They make excellent engineers, doctors, scientists and software developers or business people and can be highly innovative in their fields.

They are forever seeking greater knowledge and may also be drawn to research and the study of human potential. They can be incredible “engineers” of mindset, both in themselves and others if they are willing to question their own thinking. They are often highly intelligent and make excellent teachers because they have developed a thorough understanding of their subject matter expertise! They can veer towards arrogance regarding their intellectual abilities and knowledge.

The dysfunctional aspect of this Soul Group is rationalization. Blueprint Technicians often want to see themselves as logical, rational people, not realizing

that our minds have infinite capacity to rationalize errors in our own thinking. If they are unwilling to examine their own thinking critically, they will insist on being “right” and see their own belief system as the only valid one. They are often highly self-identified at the level of mind, without developing emotional self-awareness, leading to a lot of projection that is highly rationalized.

BLUEPRINT DELIVERERS

If the Technicians were the engineers, the Blueprint Deliverers were the “factory workers.” These are the Souls that actually got “in the trenches” and promoted consciousness from within the human experience. They were the first Blueprinter Souls to actually incarnate into a human physicality.

Deliverers tend to promote greater consciousness from within the less conscious aspects of our society. They are very socially active - they are educators, social workers, run non-profits, charitable organizations, and work in the healthcare field. They are often “hands-on” with their efforts to change the world!

They are very inclusive - they want to make sure everyone has access to the same resources. They often find a great deal of success in social enterprise. Of course, we all are equally the powerful Creators of our own experience, but Deliverers are highly invested in making sure that this is understood in all aspects of our society. In other words, they still get “in the trenches.” Equality is very important to BP Deliverers, and they have done much to promote human rights and equality throughout our history.

Deliverers must be careful that they don’t exhaust themselves trying to help

people who really don't want to help themselves. While we can certainly promote the message of equality and empowerment, Deliverers must learn that many people don't want the responsibility that comes with power and are CHOOSING unconsciousness. Deliverers often find themselves "leading horses to water."

The dysfunctional aspect of this Soul Group is disempowerment. They may focus so much on the inequality that seems to exist on our planet that they forget that we are, in fact, all Divine Beings who are creating our experience through choice ... and always have been! They may see others as helpless and "in need" and actually contribute to the disempowerment of the people they are trying to serve.

BLUEPRINT CHANGERS

If the Technicians were the engineers, and the Deliverers the factory workers that actually got their hands dirty, then the Blueprint Changers were the "fixers" that clean up the more unpalatable, darker issues that arise from integration with a physical body!

They will frequently incarnate into situations of violence, or find themselves dealing with victimization, sexual abuse, slavery, human trafficking, etc. so they can bring consciousness to these issues on our planet. They can find great success by embracing a cause - often something they themselves have overcome. They can create a huge impact by inspiring others who are still dealing with the same obstacle.

The dysfunctional aspect of this Soul Group is victimization. Unfortunately, they

may lead very difficult lives as they become caught up in the very situations they wish to change. Rather than “being the change” they want to see in the world, they may continue to see themselves and others as a victim. They can become caught up in hardship, negativity, and aggression, rather than bringing new consciousness to these situations.

MISSION REALM

Mission Realmers are one of the rare Soul Groups that come to us from outside of our galaxy, from the Andromeda Galaxy. Mission Realmers came here specifically with the “mission” of resolving negativity on our planet. Unfortunately, because they had no clear concept of the density of the third-dimensional existence, they bit off more than they could chew. They had little sense of the effort involved in creating a human experience.

They are very gentle, loving, somewhat passive Souls that are amazing listeners, are often highly intelligent and give great insight. They are incredibly gifted at supporting others from a place of acceptance and non-judgment. They are naturally giving people who don't fall prey to egoic attachment.

However, this non-attachment also means at times that they don't feel strongly about their own goals. Mission Realmers tend to move through life slowly and actually need to practice healthy egoic desire that pulls them towards the life they want for themselves.

Their non-attachment extends to their physical bodies, which they may have trouble relating to. They simply don't always think of their physical body as part

of their identity!

Mission Realmers must engage with their physical body in their own unique way to truly feel like they “own” it, from diet to exercise to how they express themselves sexually. Similarly, they must allow themselves to make progress towards their own goals in their own unique way, rather than forcing themselves to adopt someone else’s system or methodology.

In an attempt to resolve negativity, Mission Realmers quite frequently incarnate with negative Souls as family members. They will often try to introduce new consciousness in this way, not realizing that negativity works very well for a lot of Souls! Mission Realmers must learn that the best way to resolve negativity is to create a beautiful, self-expressed life for themselves by supporting people who actually appreciate and respect them.

The dysfunctional aspect of this Soul Group is depletion. Mission Realmers often allow themselves to be energetically depleted by their negative family members. Because they feel like they are on a “mission” to resolve negativity, they can have a hard time letting go of these relationships or establishing healthy boundaries. Energetic depletion can play out as emotional or chronic health issues, which exacerbates the detached relationship these Souls have with their physical bodies.

PARALLELS

There isn’t much of a Universal description for Souls from Parallels - they literally come from a parallel reality where the “rules” of life are different. Universal

Law is interpreted differently where Parallels come from! Parallels are here to experience themselves in a new way, to explore and enjoy themselves. They may feel slightly out of place, like someone who is a tourist in a foreign country. Parallels are on vacation from their own reality.

Because they feel they are only here temporarily, parallels may be somewhat disengaged from life. They may not feel particularly passionate about their goals or be ambitious or driven, and may allow others to make decisions for them. They may also embrace social conventions and structures and do everything they can to appear “normal.” Since choice and consequence function a certain way in this dimension, they may practice conformity as a way to fit in.

Parallels need to be reminded that they are here to enjoy a somewhat “strange” experience, and that feeling so very different is “normal” for them. It is best to focus their attention on their Energy Centers within a session, since we don’t have much other information available about them.

The dysfunctional aspect of this Soul Group is going through the motions. They may go through life on autopilot, rather than enjoying this incarnation by shaping it consciously.

DRACO

The Draconian Soul group is a negative Soul group. Their Soul’s vibrational matrix is actually structured differently from that of positive Souls, in that it is designed to receive vital force energy from others. Rather than working with primarily one or two energetic qualities of vital force energy the way positive

Souls do, they can thrive on ANY energy sent their way via the attention and focus of others, whether that is positive or negative energy.

They frequently employ manipulation, control and disempowerment in order to direct vital force energy towards themselves in the form of fear. They perpetuate concepts of sacrifice, hierarchy, and the illusion that we have “no choice” but to act against our own Divine nature.

Keep in mind that they are not “bad people.” In fact, they are perfectly lovely, charming people! However, they must receive vital force energy from the people in their environment, rather than from Divine Source. Souls will usually engage with a Draconian individual or group for perceived gain - only to find themselves stuck in a situation they can't seem to get out of! Helplessness, victimization, and disempowerment are powerful energies that a Draconian Soul can thrive on.

Please remember that without helplessness, victimization and disempowerment there can also be no independence, safety, or power! Draconian Souls provide a necessary polarity to positive Souls on our planet.

On extremely rare occasions, positive Draconian Souls do show up in our practice. These Souls have received enough of a specific energetic quality of vital force energy from others that they begin to identify with one of the Energy Centers and eventually tap into vital force energy from Divine Source.

This happens when they choose it. We don't need to “help” them “become positive.” In fact, this would be highly judgmental. Remember, these Souls chose their negative orientation at origination. It is a vibrational match for how

they were created. Without negative Souls, there can be no positive Souls. We don't vilify a lion for hunting and eating its prey. Do not judge negative Souls for expressing their own Divine nature.

When we give Draconian Souls our time and attention, we are essentially serving them as a source of vital force energy. As family members, Draconian Souls can be very controlling and manipulative, doing whatever they can to gain attention. This can be very tough on their spouses and adult children, because if they cannot gain positive attention, they will engage in negative attention seeking behavior.

Of course, cannot do work on behalf of Draconian clients that are negative Souls. However, our clients may sometimes request sessions for them. It can serve our clients to know when their parents or spouses or family members are Draconian and that their behavior is a quest for vital force energy via attention. The key to ending manipulation and drama with a Draconian Soul is to literally "attention-starve" the situation. This is about us engaging in self-discipline more than anything else. Remember, nobody can "take" our energy. We are the ones giving it away.

Attention-starving a situation means we do not give that person or situation any energy - not at the level of action or even at the level of thought! When we do this, at first the negative Soul will escalate their attention-seeking behavior. They will lay on a big guilt trip, or manifest some sort of emergency that seems to demand our time and attention. If we do not engage at this point and continue to direct our attention to our own experience, that negative Soul will very quickly lose interest. They will disappear from our lives very quickly.

Obviously, we have a lot of human conditioning to overcome that tells us we “should” be in relationship with family members, simply because they are family ... no matter how toxic. Please support your clients in shifting their perspective. One of the main ways negative Souls retain their influence and continue to receive energy from family members is through guilt and shame. There is never a good reason to maintain toxic relationships, even if those relationships are with our family members.

You will want to communicate clearly to your client that manipulation is how these Souls derive energy from others ... and that this will not stop! Please do not seed the idea that these Souls are “negative” and can somehow be changed to “positive” Souls.

One of the biggest ways negative Souls receive attention and time and energy from positive Souls is when we attempt to heal, fix, and help them. Simply explain to your client how the Draconian Souls receives energy from them, and that they can extricate themselves from this mechanism through free will. The Draconian Soul will simply move on to someone else to receive energy from! They certainly do not “need” us to be their energy source.

CHANGELINGS

Changelings shift their orientation from positive to negative and back again and thus have very unstable energy patterns. They are inherently negative Souls in that they must receive vital force energy from others. Their Divine Soul Blueprint lacks the stability to consistently receive specific qualities of vital force energy from Divine Source. The vibrational instability of their energy pattern does not

function well as our world becomes increasingly polarized through the greater availability of choice.

The “Changeling” Soul group is not actually a Soul group of Origination. Changelings start out with either a positive or negative Divine Soul Blueprint, but usually begin their journey as positive Souls. However, over many lifetimes, they choose a negative orientation, only to sometimes dabble with a positive orientation, only to go back to a negative orientation, all in quick succession. Essentially, they do what is expedient!

Over many lifetimes, their Blueprint loses stability. Their Soul becomes inept at functioning as a positive or negative Soul and they are always in a vital force energy deficit. Remember, this happens through choice. There is no reason to feel bad for them. The deterioration of their Blueprint is self-created and therefore perfect. They can at any time return to a positive orientation, just like all Souls, but they have instead learned to thrive on high levels of drama and dysfunction.

While Draconian Souls use manipulation in a masterfully subtle way through shame and guilt, Changelings create far more drama! Changelings will often associate with Lightworkers, and are frequently found in the healing arts and the personal and spiritual development field. They will go through phases where they work very hard on themselves during their upward positive vibrational phase.

Unfortunately, this positive phase is always followed by a negative phase. Changelings will self-sabotage, create drama, and everyone who got to know

them during the positive phase will now try to help them ... thus giving them lots of vital force energy!

Eventually, the Changeling will hit rock bottom, and start working on themselves again. This up-down cycle can take anywhere from six months to five years, which allows the Changeling plenty of time to associate with new “helpers” for their downward cycle.

Changelings are very hard on their families. They often suffer from depression, addictions, and other self-sabotaging behaviors. This is how they receive enough vital force energy from others. Because their Blueprint is so deteriorated, they need a lot of focused energy from one person or a small group of people.

Changelings will always show up with blocks to Truth. Their energy pattern is always shifting so it's impossible to access their Records accurately. Clients will occasionally want sessions for Changeling family members, because they engage in so much self-sabotage. The best thing you can tell a client to do is to actually discourage much self-improvement and development work in their Changeling family member! This minimizes the up/down cycle which can be a roller coaster ride for everyone involved.

More than anything, Changelings need stability. Encouraging them to pursue the lives of their dreams is not a good idea. They need to be encouraged to just maintain a manageable status quo, to engage in healthy routines and habits and shoot for “normal.” However, they would need to do this for themselves!! The problem with “helping” or “encouraging” these Souls is that we immediately become their source of vital force energy.

In many ways, trying to “help” these Souls is not only judgment, it also continues the pattern of them receiving vital force energy from others, rather than connecting to the available energy from Divine Source. It may sound terrible to leave these Souls to their own devices, especially when they are family members creating self-sabotage. However, if they were to receive vital force energy from no-one, they would actually be far more likely to tap back into Divine Source!

OVERTONES AND UNDERLAYS

Every once in a while, Souls will present not only with their Soul group of origination, but also with an overtone or underlay of a second Soul group. Please note that they will not present with both!

An overtone means that a Soul has spent a great many incarnations in a star system that is NOT its origination ... to the point that it has begun identifying its Divine Soul Blueprint with that group as well.

An underlay means that a Soul spent very little time in the star system of its origination, then moved on and now identifies with the Soul group it moved on to.

A very small percentage of Souls present with an overtone or underlay. When an overtone or underlay presents, chances are that the Soul works somewhat with the energetic characteristics of the overtone or underlay.

However, whatever “Soul group” comes up as the Soul group of origination is still the Soul’s main energetic identification! They are not “both.” The overtone or

underlay merely adds a slight flavor to their Soul group.

LESSON FOUR DOWSING PROTOCOL

- *What is [Client Name's] Soul Group of Origination?*
- *Is there an overtone or underlay?*
- *(If yes) Is there an overtone?*
- *(If no) Is there an underlay? (Can only be one or the other!)*

SOUL GROUP DOWSING CHART

	Column 1	Column 2	Column 3
Row 1	Earth Mars Maldec	Procyan Sirius Arcturus	Alpha Centauri Hadar Draco Mission Realm
Row 2	Mintaka Polaris Plaiades	Spica Vega Nihal Parallel	Blueprint Designer Blueprint Technician Blueprint Deliverer Blueprint Changer

To use this dowsing chart, you would ask “*Is [Client’s] Soul Group located in Column 1? Column 2?*” Etc. until you receive a “yes” answer.

Now that you have established the column, you would ask “*Is Client’s Soul Group located in Row 1? (If no) Row 2?*”

Now that you have the column and row identified, you can dowse through the individual Soul Groups located in that specific chart section.

Using dowsing charts is a quick way to dowse through lots of possible answers without going through every single possibility individually. Before using a chart, please read through it a few times to familiarize your subconscious mind with its layout.