

LESSON SIX

# BLOCKS AND RESTRICTIONS (PART ONE)

Negative blocks and restrictions are negative energetic mechanisms that we create, through choice. These negative blocks and restrictions become a part of our Divine Soul Blueprint, because we choose to uphold them. Because we are the powerful Creators of our own experience, our negative choices have the power to actually change our Divine Soul Blueprint to allow less flow of vital force energy.

We look to our Soul's origination for information as to who the client is at Soul-level, because they have not yet made any negative choices at that point. We are now looking at the Divine Soul Blueprint as it is in the present moment, compared to how it was at Origination.



While blocks and restrictions and the resulting negative karmic patterns may have originated in a past life, it is also important to recognize that your clients are still perpetuating this negativity today. If these blocks and restrictions were already resolved, they would no longer be coming up in their Akashic Record. However, going back to the lifetime of origin of the negative karmic pattern is massively helpful in helping a client understand it, with detachment.

Negative blocks and restrictions and their resulting karmic patterns are why some people keep encountering abuse, or keep attracting betrayal. Remember, however, that positive karma is also why some people will always have a more money than they need, or why they always attract amazing friendships!

Uncovering blocks and restrictions and negative karmic patterns is the most empowering work we can do for others, because consciousness and responsibility are what gives us the power to change our experience.

The individual blocks and restrictions described in this lesson and the next are like “puzzle pieces” that form negative karmic patterns. For now, please just focus on learning the definitions for each negative block and restriction, and check to see if it is present for your client. As you do this work, please adopt an attitude of neutrality and non-judgment. Please refrain from trying to guess how the pieces may fit together, or how the pattern itself came about. Maintain a sense of detachment - you just want to know what is there. You will learn how to pull these puzzle pieces together into “Soul stories” so that you understand the larger negative karmic patterns present in your client’s life in a later lesson.

We will eventually clear every single one of the blocks and restrictions that we

uncover for our clients! We will also be able to tell our clients what new patterns of choice will serve them in correcting these negative karmic patterns. Finding blocks and restrictions always represents an opportunity for our clients to transform their lives.

## GODSPARK DAMAGE

Many clients will present with Godspark damage and thus have less access to vital force energy. Godspark damage is always a symptom of current negative choices. If a client has a secondary Godspark, this secondary Godspark may also be damaged. Godspark damage is not something we need to research further - we simply need to know it is present.

- *Is the primary Godspark damaged? Y / N*
- *(If present) Is the secondary Godspark damaged? Y/N*

## NEGATIVE GUIDES PRESENT

Usually, clients have between four and six Spirit Guides assigned to them in order to guide them day-to-day throughout this lifetime. We are born with one Spirit Guide (Position #1), and then accumulate Guides throughout our childhood and teens. Spirit Guides assist us in making choices ... and since we have very few choices to make as toddlers and small children, we simply do not need more guidance in our earlier years.

Children usually receive a second Spirit Guide (Position #2) around age 4-6, a third Guide (Position #3) around 8-10, a fourth Guide around 12-14, and a fifth Guide around age 16-20. The exact timing depends on how independent the

child is in his or her decision making.

Spirit Guides are Souls that have incarnated in the past and are familiar with the human experience. Serving as Spirit Guides is their current vehicle of Divine self-expression, much like we have chosen a human body. Spirit Guides are studying karma without actually participating in the creative process at the physical level.

You may occasionally find elderly adults with only two or three Guides. They may be simply living out their lives rather than actively creating their own experience. Like children, they are not really making a lot of choices. If we keep making the same choices over and over again with no intention of creating anything new, we have no use for Spirit Guides.

Much of how we make our choices is determined by our experiences and interactions during childhood. We attract new Guides that can give us the most assistance in aligning to our Divine self-expression, based on these experiences. It is our own Higher Self that “hires” our Spirit Guide team.

From time to time, however, we encounter very negative situations in childhood, and have to figure out how to simply cope or survive these situations. These situations aren't necessary obviously traumatic, such as physical or sexual abuse. They can also be situations such as being bullied, moving suddenly into a new school environment, parents divorcing ... depending on our age and who we are, at Soul-level, these types of changes in our lives can be very negative.

We thus “hire” a Guide that will help us uphold a coping mechanism that lets us deal with the situation. The Guide we hire actually helps us uphold a program that goes against our Divine Soul Blueprint, but helps us within that situation. The Guide is not actually a negative Being.

However, the coping mechanism that served us within a specific negative situation in childhood or young adulthood no longer serves us now! But it is still being upheld by the Guide, because that is what the Guide was “hired” to do. This is what now designates a Guide as “negative.” It is upholding an energy that, while helpful to us once upon a time, is now interfering with our Divine self-expression.

Most clients have only positive Guides. However, clients can also have two or more negative Guides on their teams. In very rare instances, an entire Guide team can be negative! If the first Guide we are born with is negative, this is always due to a past-life situation, which you will need to explore further later on.

For now, we simply want to know if there are Guides that are negative, and which position on the team they occupy. This lets you know at about what age they were “hired.”

- *How many Spirit Guides are assigned to [Client]? 4? 5? 6?*
- *Are any of these Guides negative? Y/N*
- *(If yes) How many of these Guides are negative?*
- *(If present) Which position(s) do they hold on the team?*

## THE GOLDEN WEB

Our Golden Web is an “energetic membrane” that surrounds our energy bodies and keeps us in wholeness and integrity as an energetic Being. Our negative choices can damage our Golden Web and create energy loss. This damage looks like “tears” in the Golden Web. These are energy leaks and constitute a loss of energetic integrity that we create through negative choices.

Our Golden Web is recreated with each incarnation based on the Soul’s vibrational state and will contain past-life tears and scars as well as present-life tears and scars. Tears in the Golden Web correspond to a specific chakra. You can only have ONE tear at each chakra.

Occasionally, a client will have a scar in their Golden Web - this means that there was a tear there at one time, but the client has done self-healing work and has resolved some of the issue on their own. We can acknowledge for the client that they have done this healing work for themselves. Scars will also be located at specific chakras. Again, there can only be one scar at a specific chakra. If a tear is present, you cannot also have a scar and vice versa.

Scars are fairly rare, whereas most people will present with one or even two tears in their Golden Web. When a tear is present at a specific chakra, the client will experience the following:

1st chakra: Ungroundedness, sense of misplacement, lack of belonging, trouble with integrating into family or society.

2nd chakra: Trouble manifesting at the physical level, sexual dysfunction, low sexual energy, financial issues.

3rd chakra: Unable to move towards their personal goals, feeling stuck, unmotivated, everything seems like too much effort.

4th chakra: Difficulties with self-love and, by extension, loving relationships with others. May be emotionally shut down, lacking passion, feel disillusioned and jaded.

5th chakra: Communication issues, either speaking too much without saying anything, not getting their point across, or not expressing themselves at all. Trouble listening to others.

6th chakra: Difficulty accessing their own Truth, not knowing what they want, confusion, lack of mental clarity, difficulty concentrating or focusing.

7th chakra: Disempowerment, trouble standing up for what they want, giving in, not making decisions, not setting intentions, victimization, or overly responsible and controlling.

A tear in the Golden Web is often a symptom of additional blocks and restrictions. However, it can also be a simple stand-alone issue when your client is engaging in brand-new negative patterns of choice in this current lifetime. For example, a client may show up with a tear at the fourth chakra if they are choosing to engage in an emotionally abusive relationship and this is the first lifetime they have chosen this experience for themselves.

- *Are there any tears in the Golden Web? If yes, how many? At what chakra(s) are they located?*
- *Are there any scars in the Golden Web? If yes, how many? At what chakra(s) are they located?*

## THE SOUL MEMORY SYSTEM

Our Soul has a memory system all of its own. While the Akashic Records impeccably store information about the Soul, our memory is really more the “highlight reel” of our interpretation of our past experiences. We access our Soul’s memory system via the Golden Web. Just like the ego, the Soul has a perception of itself which is often grounded in its experiences of itself. When we make negative choices, we may interfere with our own Soul’s memory system and end up with a false self-perception.

Memory loss causes us to forget aspects of our Divine nature and wipes out understanding we’ve developed through past choices and experiences.

Memory added causes us to think we are someone we’re not, or that we’ve had experiences that are NOT our own.

Memory clouded causes us to be unsure of our own choices, leaves us insecure as to our path, and creates confusion.

Memory programmed means that we have participated in cults, religions or groups that “program” their followers or members with specific beliefs.



Memory highlighted will have us constantly make certain choices again and again. This occurs when we make negative choices that result in extreme trauma. Highlighted memory may accompany OCD, phobias, and PTSD.

Clients may present with multiple memory issues, such as memory loss and memory highlighted. Like Golden Web tears, Soul memory issues are frequently symptoms that accompany additional blocks and restrictions. However, they can also stand on their own, whether they are past- or present-life. They are always the result of fairly traumatic negative choices that the Soul would rather forget (as in the case of memory loss, added, or clouded) or feels the need to remember at all cost (memory programmed or highlighted) in order to keep itself safe.

- *Is there memory loss from the Golden Web? Is there memory added? Clouded? Programmed? Highlighted? (Can be multiple issues.)*

## ATTACHING SOULS

We constantly give other people a huge amount of influence over the choices we make in life. Many of our choices are driven by our perception of what other people will think. Of course, the power and influence we give other people in our lives often leads to negative choices.

In order for someone to have power and influence over us, we have to give it to them. This is also a choice we make. Blaming others for our own choices always disempowers us, because it assigns both responsibility and therefore power to others.

We all constantly make “agreements” with the important people in our lives. “Agreements” we make within our relationships are often unconscious and remain unspoken, but we carry them out at the level of action. They are simply the dynamics that govern how we exchange energy with each other.

Some of these “agreements” within our relationships may be “negative,” in that they do not express who we are, at Soul-level. For example, we might choose to play small at work or in our business, because we don’t want to outshine our older sibling. We might stay in a job we hate, because we worry about what our family members will think if we give up on their perception of “success.”

There are certain specific “negative” agreements that actually allow the other person or people involved to draw vital force energy from us, rather than creating an even and equal exchange of energy. Negative agreements with other people can remain unresolved for years and years and can continue beyond our transition. We often operate within agreed-upon relationship dynamics, even after the other person involved has passed!

This means that their Souls can continue to draw vital force energy from us while maintaining the power and influence over us. This is how we arrive at “Attaching Souls.” These are discarnate Souls with whom we’ve made negative agreements in past lifetimes, which allow them to draw on our vital force energy via the power and influence we have given them. We consider the negative agreements to be “attachment mechanisms” because they allow another Soul to “attach” and draw on our vital force energy.

Attaching Souls are usually people that we were close to in a past life. After all,

the only people we care about enough to give power and influence to are usually our loved ones! Attaching Souls are just that - Souls. They are not currently incarnated with us.

Attaching Souls themselves can be positive or negative in orientation. We chose to make a negative agreement with them, creating an attachment mechanism. We are responsible for that negative choice. Often, the other people involved truly believe they are “right” or have also rationalized their part of the agreement. Just because they are drawing on our vital force energy through our negative choices does not make them negative Souls!

“Agreements” that serve as possible attachment mechanisms are negative intentions, constraints, bargains, vows, negative unjustified karma, and contracts. For now, we just want to know whether any additional Souls are attached and drawing vital force energy from our client.

Usually, the attachment originated in a past-life. Happily, as we acknowledge fewer people as having authority over our lives, we tend not to enter into attachment mechanisms as often ... or if we do, we resolve them. On rare occasions, however, you might find that an Attaching Soul originated in this present life.

A present-life Attaching Soul is very rare and would ONLY be found in our client's Records under the following circumstances:

1. The clients would have had to choose to enter into an attachment mechanism with them in this lifetime and

2. That person would now be deceased.

“Attaching Souls” only refers to Souls that are not currently incarnated. An Attaching Soul is never a person that is in your client’s life. While not incarnated, an Attaching Soul is still drawing on your client’s vital force energy and still has power and influence over your client as per the attachment mechanism that your client created with them.

The way an Attaching Soul continues to exert power and influence over our client is through what we call a “program.” Think of programs like a computer virus - they create patterns of recurring negative thoughts and emotions. The energy created through these programs is what the Attaching Soul both evokes in the client, and receives from the client. Programs run at the mental or emotional body level and usually affect a specific chakra. You will uncover the nature of the programs that Attaching Souls are running later on in this course.

If you encountered a Soul-shifting situation at the beginning of your Akashic Records work for a client, you must find Attaching Souls present. That’s because, when the Souls your client is shifting with are not taking over the incarnation, they are attached. A Soul-shifting situation is handled (and later on, cleared) exactly like an Attaching Soul situation. The attachment has simply progressed to Soul-shifting because the client has given so much influence to the other Soul that it can take over the incarnation.

Attaching Souls can only remain attached to a client’s vital force energy via an attachment mechanism! If you find an Attaching Soul present for your client, you must also find one of the agreements that constitutes an attachment mechanism.

There are no exceptions to this rule.

The attachment mechanism becomes a part of our Divine Soul Blueprint because we keep choosing it, and keep allowing the other Soul to draw on our vital force energy. We can “un-choose” both the attachment mechanism and Attaching Soul at any time! The problem is that, over many lifetimes, we’ve simply become unconscious of both the attachment mechanism and Attaching Soul.

Attaching Souls deplete our vital force energy, giving us fewer energetic resources to create our human experience. Attaching Souls, along with the various attachment mechanisms, are one of the most common blocks and restrictions we run into. You can expect many if not all of your clients to present with one or more Attaching Souls. They are also one of the key issues that limit us from creating what we truly want. Resolving Attaching Souls and attachment mechanisms can truly transform our clients’ lives.

- *Are there any additional Souls attached? If yes, how many?*
- *Did the attachment originate in a past life? (Usually yes)*
- *(If no) Did the attachment originate in this lifetime?*

## EARTHBOUND SOULS

Earthbound Souls are Souls that did not cross over appropriately because of traumatic death, fear of death, unexpected death, or attachment to their physical existence. They are stuck and confused and do not know they are dead. Because they are “in between” they must be cleared so that they can move into their next experience appropriately.

Earthbound Souls do not have access to their own vital force energy. They must therefore attach to a living Being, usually a family member. You can investigate who this Soul might be. It will always be someone the client knew personally, in this lifetime!

It is never appropriate for Earthbound Souls to remain attached to us. Earthbound Souls never guide us, nor are they ever a positive influence. They drain our energy. However, they do not run programs. They are always a present-life phenomenon.

## INDEPENDENT EARTHBOUND SOULS

Some Earthbound Souls stick around long enough that they eventually learn to draw energy from their environment - not just a family member. They therefore gain a level of independence. Independent Earthbound Souls have been “stuck” between the physical and spiritual plane for a long time. They are not selective about their attachments. They may move about from place to place. If we choose to live in a place with an Independent Earthbound Soul and there is enough vibrational “like-ness,” then they may attach to us personally. They do not run specific programs. There is no need to find out “who” the Soul is, because there is no personal relationship to the client.

## DISRUPTIVE EARTHBOUND SOULS

Occasionally, Independent Earthbound Souls gain enough power to move energy, materialize, make noises and even move objects. They gather energy from their environment by creating disruption. They have a very confusing,

erratic energy pattern. It can be hard to concentrate, focus, or keep things organized with a Disruptive Earthbound Soul about.

Disruptive Earthbound Souls tend to attach to environments rather than people. However, they will draw vital force energy from the people in their environment. They do not run specific programs.

- *Are there any Earthbound Souls drawing energy from [Client]?*
- *If yes, how many?*
- *If yes, are any of the Earthbound Souls independent?*
- *If yes, are any of the Earthbound Souls disruptive?*
- *For Earthbound Souls ONLY: Are they a family member? Male? Female? One generation removed? Two generations removed? Same generation?*

## NEGATIVE THOUGHT FORMS

We are constantly creating thoughts. Idle thoughts arise, and if we do not continue to energize them, they dissipate very quickly. However, if we give thoughts energy repeatedly, they actually take fourth-dimensional “form” in our mental energy body. Thought forms are dependent on our mental energy, but can last for decades if they are continuously fed!

As human Beings, we tend to have opinions about one another! And the more we know someone, the stronger those opinions are. A lot of us invest an extraordinary amount of mental energy on other people. Obviously, most of these thoughts just dissipate as we move on with our lives and focus on our own experience.

However, sometimes we get very pre-occupied with specific people. If we keep directing the same negative thoughts at the same person over and over again, we may be directing negative thought forms at them. Remember, in order for thought forms to be created and maintained, they need to be nurtured continuously by someone's mental energy.

Most of the time, negative thought forms directed at us do not actually affect us. However, problems arise when we uphold the possibility that the negative thought form being directed at us might be true. If someone is directing a negative thought form of "undeservingness" at us and we worry about whether we really deserve that promotion at work... then the thought form directed at us can take up residence in our mental body. This negative thought form is now being nurtured not just by the person directing it, but we have bought into it as well! What may have been just a fleeting concern on our part suddenly becomes true for us. For example, if someone directs the negative thought form at us that we are incompetent, and we occasionally question our own competence, we may eventually end up believing that we are incompetent.

Eventually, thought forms directed at us can gain enough strength to be perceived by other people. For example, our other co-workers get the impression that we are incompetent, even though that isn't true. The directed thought form now becomes a thought form created about us. The mental energy is formed enough that it can be perceived by others. Obviously, this situation will truly have us questioning our own reality!

Of course, we can also create negative thought forms ourselves. If we're



constantly thinking that we are unloveable, this thought will eventually gain strength and take up residence in our mental body. Thought forms we create ourselves become true for us. They are part of how we shape our reality. Of course “negative” thought forms created by us have nothing to do with the Truth of our Divine nature.

A negative thought form is either directed at us, created about us, or created by us. They are fairly common, although you wouldn't expect to find more than two or three in total.

If they affect us, negative thought forms simply highlight what we already think about ourselves ... or there wouldn't be enough “likeness” for their thought forms to take hold. Thought forms directed and created about us is one of the reasons many people have difficulty living in the public eye. Insecure people have a hard time generating lots of public attention.

You may use your “Programs” chart (Page 197) to dowse for the energetic quality of the specific negative thought form being directed at / created about /created by them.

Please be disciplined and specific - we only want ONE energetic quality for each thought form. Negative thought forms generally show up as a stand-alone issue. They are always present-life, since thought forms are not maintained when our mental body dissipates. Occasionally, they may be part of a larger present-life issue.

## ANGER SPEARS

Anger spears are a specific kind of negative thought form directed at us. They are very intense concentrations of anger, hurled at us by someone who perceives that we hurt them in some way. Clients with anger spears directed at them will feel threatened or “under the gun” for no obvious reason.

When negative thought forms and anger spears are present, we ask who is generating them - a family member, friend, co-worker, etc. There is no need to get too specific.

- *Are there any negative thought forms influencing [Client?] If yes, how many?*
- *Are they directed at [Client?] Created about [Client?] Created by [Client?]*
- *Are there any anger spears directed at [Client]?*
- *(For directed / created about / anger spears) Are these directed or created by a family member? Friend? Co-worker? Client? Etc. ... (usually just ONE person)*

## INDEPENDENT NEGATIVE THOUGHT FORMS

Independent negative thought forms are thought forms that have received so much energy from so many different people that they became independent and able to take on a life of their own of sorts! The Tooth Fairy is an example of an Independent Thought Form. The Tooth Fairy is not real, but has become a part of collective consciousness for a large number of people. It is a concept that is

upheld by the mental energy of lots and lots of people and therefore has gained independence from any one person. We buy into this concept, or not.

There are millions of Independent Thought Forms upheld in various parts of the world by various groups of people. They are simply concepts and ideas upheld by collective consciousness. Independent Thought Forms will continue to exist with or without our individual participation.

Independent Thought Forms are powerful. People have killed each other over Independent Thought Forms. Of course, many ideas and concepts in collective consciousness also affect us positively. Whether an Independent Thought Form is positive or negative depends on whether we choose to engage with it in a way that leads to negative choices.

In our work, we don't need to know what the specific Independent Negative Thought Forms. There are simply too many options. We only want to know how the client is affected. Through what energetic quality does the client engage with the Independent Negative Thought Form? This is the energy that will affect the client and be expressed in their choices.

We also want to know through which specific chakra the client is engaging with the Independent Negative Thought Form. This gives us further clues as to how the client is affected. For example, when a client engages through victimization at the 7th chakra, they will perceive themselves as powerless and choice-less. If they engage through victimization at the 4th chakra, on the other hand, they will perceive their relationships as taking advantage of them.

Engaging with Independent Negative Thought Forms is fairly common and is always a present-life issue. Pointing out to a client how they are engaging negatively with the world helps the client shift their own behaviors and therefore their patterns of thought. Our clearing work also greatly helps to disconnect the client temporarily from the Independent Negative Thought Form, giving them a window of opportunity for making new choices.

- *Is [Client] engaging with any Independent Negative Thought Forms?*
- *If yes, with how many?*
- *If yes, what is the energy through which they are engaged with the Independent Negative Thought Form? (Use Programs / Energetic Statement Chart on Page 199)*
- *Through which chakra is this engagement happening?*

## COMPASSIONATE CONNECTIONS

Compassionate connections form when we unconsciously allow another Soul to draw on our vital force energy because we feel compassion towards them. Of course, this is at all times inappropriate and unnecessary! Relationships are designed to be an even and equal exchange of energy. We often create compassionate connections when we seek to “help” others, while never receiving anything back.

If we are perpetually giving someone our time, attention, advice, or even financial support in an effort to “help” someone, but receive nothing back, this is a recipe for creating compassionate connections. Especially for those of us who are natural helpers and healers, it is important to uphold excellent boundaries.

Over time, compassionate connections can become quite draining. While compassionate connections begin through choices to give assistance made at the physical body level, they can also persist energetically long after the relationship has ended on the physical plane. This will be characterized by our client still thinking about that person, worrying about them, wondering whether they ever resolved their problems, etc.

We generally want to know how many compassionate connections are present, and to whom they are being offered. When we clear these connections, we must also instruct our clients to maintain appropriate energetic boundaries, and to tune into the difference between enabling others vs. empowering them. Compassionate connections are always a present-life phenomenon. They are not a mechanism that allows for attachment.

- *Are there any compassionate connections with any other Soul?*
- *If yes, how many compassionate connections are present?*
- *Who have these compassionate connections been created with?  
Family member(s)? Friend(s)? Co-worker(s)? Client(s)? Etc. ...*

## CONTRACTS

Contracts are negative agreements we make with others. They can serve as an attachment mechanism and are mainly a past-life issue. Contracts can be mutual or one-sided. They can also start out as mutual but, over time, one Soul may release the contract while the other does not, resulting in a one-sided contract. Contracts that start as one-sided do not become mutual. Contracts are not created consciously. They are created in highly intense, often traumatic

situations where one person decides to take responsibility for another.

In the case of a mutual contract, the other person is willing to abdicate that responsibility to them. In our frame of reference, contracts are always negative agreements. It is never appropriate for us to take responsibility that isn't ours, or abdicate responsibility to another. Contracts are not merely Soul-level situations. They are formed through actual choices made, which happen at the level of action.

In a Contract of Protection, one person steps in to protect another. This often happens between family members. These contracts usually start as mutual, although they can occasionally start out one-sided. In a Contract of Healing, one person decides they are responsible for healing another. These contracts start as mutual or one-sided.

Contracts are not usually created because of a one-time event, but through ongoing patterns of choice made by one or, in the case of a mutual contract, both people involved, for the duration of their shared incarnation.

If a Protection or Healing Contract is one-sided with the client on the giving end of the contract, the client may forever be getting into other people's business, looking to protect or heal someone. If a Protection or Healing Contract is one-sided with the client on the receiving end of the contract, the client may constantly expect others to take responsibility for them. They may feel entitled to be protected by others, or expect others to take responsibility for their physical and emotional well-being.

A Soulmate Contract is far from romantic in nature. In fact, these can be quite toxic. Soulmate Contracts are formed when two people make choices to be together “forever, no matter what,” and embrace co-dependency and the idea that they “need” each other in a way that can be quite destructive and dysfunctional. Two Souls engaged in a mutual Soulmate contract will incarnate together frequently and engage in partnerships with one another, even though these partnerships can be toxic and lead to negative choices. The two people will feel oddly compelled to be with the other person, almost as if they have no choice but to be in a relationship. The relationship is characterized by struggle. They may even characterize their own relationship as “good” because of the amount of struggle they have overcome.

Clearing a Soulmate contract in no way leads to the end of a relationship ... in fact, it can help create more love and peace in a relationship because the energy of obligation is no longer present. People with a one-sided Soulmate contract may have a very hard time with relationships, forever looking for “the One” or struggling with commitment issues. They will constantly be searching for the other Soul involved in the contract ... even though that Soul may have cleared their side of the contract already. They can end up feeling quite bitter and disillusioned about love and relationships.

If a contract is mutual at its inception, it may serve as an attachment mechanism for an Attaching Soul. The other Soul involved in the contract is simply not currently incarnated, and therefore shows up as an Attaching Soul to your client. When a contract is one-sided from the start, it cannot be attachment mechanisms, since only one Soul is involved.

Because we are more empowered as individuals than ever before, contracts are usually a past-life issue. In today's world, there are also many institutions and systems in place to help both protect and heal us, from the school system to Child Protective Services to the medical establishment. We also no longer feel compelled to stay in toxic relationships out of a need for security and safety, so we no longer tend to create Soulmate contracts.

- *Are there any contracts in [Client's] Record?*
- *If yes, is it a contract of protection / healing / Soulmate? (Can be multiple)*
- *Was this contract created in a past life? (Usually yes!)*
- *Was it created as one-sided / mutual? Is it currently one-sided / mutual?*
- *(For Protection / Healing) Is my client on the receiving or giving end of the Protection / Healing?*

## NEGATIVE UNJUSTIFIED KARMA

As you know, karma is simply the consequence of our choices. We can change negative karma at any time, simply by making new choices. However, at times Souls uphold "unjustified" karma within their Divine Soul Blueprint. This is karma that continues to create consequences long past the duration of the choice.

Negative unjustified karma occurs when we perceive to have made a horrible mistake that we never want to repeat because of the perception that we have hurt someone else physically or emotionally through our choice. At times, we do, in fact, make choices that cause others harm! And even though we may have learned from our mistake and would never make such a choice again, the



Soul holds the karma open and incomplete in their Blueprint as a reminder of that past choice.

This is why the karma is “unjustified.” Choice and consequence have played itself out fully, there is no ongoing choice being made ... and yet, the Soul insists on the karma being current, and thus keeps attracting the same consequences.

Negative unjustified karma is like the Soul insisting it has a “lesson” to learn - and even though it has passed the final exam, it still keeps going to class, lifetime after lifetime.

The same circumstances will keep showing up for the client - they will feel like they have a broken record in their lives that they cannot comprehend. Negative unjustified karma is usually a past-life circumstance. When we create this karma with another Soul, it can serve as an attachment mechanism.

Negative unjustified karma, like all blocks and restrictions, is always characterized by very “real-life” events where our client caused emotional or physical harm to someone close to them, and this created emotional trauma as well as guilt or shame. In the lifetime in which the negative unjustified karma originated, the client will spend their entire life trying to “make up for” the hurt they caused. This is how the negative unjustified karma becomes a part of their Divine Soul Blueprint.

When negative unjustified karma is an attachment mechanism, they will try for the rest of their lives to “make it up” to the person they hurt ... and that person will accept their actions. This creates the agreement between them.

For now, you only want to find out whether negative unjustified karma is present, and its energetic statement. The energetic statement is essentially the energy of how your client experienced the consequence of their mistaken choice. Guilt and shame are the most common energetic statements of negative unjustified karma. You will learn how to uncover the full story behind the negative unjustified karma in Lesson Eight.

- *Does [Client Name's] Soul hold a perception of karma that is unjustified?*
- *What is the energetic statement of this unjustified karma? (Use Programs / Energetic Statement Chart on Page 199.)*

## LESSON SIX DOWSING PROTOCOL

- *Is the primary Godspark damaged? Y / N*
- *(If present) Is the secondary Godspark damaged? Y/N*
- *How many Spirit Guides are assigned to [Client]? 4? 5? 6?*
- *Are any of these Guides negative? Y/N*
- *(If yes) How many of these Guides are negative?*
- *(If present) Which position(s) do they hold on the team?*
- *Are there any tears in the Golden Web? If yes, how many? At what chakra(s) are they located?*
- *Are there any scars in the Golden Web? If yes, how many? At what chakra(s) are they located?*
- *Is there memory loss from the Golden Web? Is there memory added? Clouded? Programmed? Highlighted? (Can be multiple issues.)*
- *Are there any additional Souls attached? If yes, how many?*
- *Did the attachment originate in a past life? (Usually yes)*

- *(If no) Did the attachment originate in this lifetime?*
- *Are there any Earthbound Souls drawing energy from [Client]?*
- *If yes, how many?*
- *If yes, are any of the Earthbound Souls independent?*
- *If yes, are any of the Earthbound Souls disruptive?*
- *For Earthbound Souls ONLY: Are they a family member? Male? Female? One generation removed? Two generations removed? Same generation?*
- *Are there any negative thought forms influencing [Client?] If yes, how many?*
- *Are they directed at [Client?] Created about [Client?] Created by [Client?]*
- *Are there any anger spears directed at [Client]?*
- *(For directed / created about / anger spears) Are these directed or created by a family member? Friend? Co-worker? Client? Etc. ... (usually just ONE person)*
- *Is [Client] engaging with any Independent Negative Thought Forms? If yes, with how many?*
- *If yes, what is the energy through which they are engaged with the Independent Negative Thought Form? (Use Programs / Energetic Statement Chart on Page 199)*
- *Through which chakra is this engagement happening?*
- *Are there any compassionate connections with any other Soul?*
- *If yes, how many compassionate connections are present?*
- *Who have these compassionate connections been created with? Family member(s)? Friend(s)? Co-worker(s)? Client(s)? Etc. ...*
- *Are there any contracts in [Client's] Record?*

- *If yes, is it a contract of protection / healing / Soulmate? (Can be multiple)*
- *Was this contract created in a past life? (Usually yes!)*
- *Was it created as one-sided / mutual? Is it currently one-sided / mutual?*
- *(For Protection / Healing) Is my client on the receiving or giving end of the Protection / Healing?*
- *Does [Client Name's] Soul hold a perception of karma that is unjustified?*
- *What is the energetic statement of this unjustified karma? (Use Programs / Energetic Statement Chart.)*