

LESSON SEVEN

BLOCKS AND RESTRICTIONS (PART TWO)

NEGATIVE ETHERIC IMPLANTS

Negative etheric implants are fairly common non-physical mechanisms. They are usually past-life but can occasionally be a present-life phenomenon. Think of them as little pieces of “software” that we create to run programs in either our mental or emotional bodies.

Implants make it possible for us to sustain negative choices. They are a coping mechanism of sorts. The programs run by implants essentially serve as a way to justify, rationalize or deny a sustained choice against our own Divine nature. Implants usually come about because we made the choice to join some sort



of group or organization. This could be the military, a religious institution, a business, a political party, or even a family. We usually join this “organization” because we either think it is positive, or for personal gain. We either ignore the true nature of the organization right from the start or find out later that the organization is up to no good! Nevertheless, we make the decision to stay... thus making a sustained negative choice. The implant helps us cope with this choice.

As human Beings, we have infinite capability to rationalize choices that lack honesty, integrity, or choices that take advantage or interfere with the free will of others. All too often, we participate in organizations in a way that definitely constitutes a negative choice. However, we may stay because we are too afraid to leave, or we think we have more to gain by staying.

Once we’ve created an implant, we will continue to attract situations over and over again that require the same coping mechanism. Programs will run in the mental or emotional body and will affect a specific chakra. Please wait until Lesson Eight to uncover the program an implant might be running.

Mintakans almost never present with negative etheric implants. They are not usually capable of sustaining a conscious negative choice. It is rare to find multiple negative etheric implants for any one client. It takes a lot of our vital force energy to sustain an implant mechanism.

PHYSICAL NEGATIVE IMPLANTS

From time to time, foreign objects that are placed in our bodies simply don’t

resonate to us vibrationally. They will be energetically (and in some cases physically) irritating to us. Usually the choices that led to the physical implant were negative for us.

Physical implants can include anything from dental fillings to breast implants to blood transfusions to transplanted organs. They are obviously always a present-life occurrence.

Keep in mind that we are only asking about negative physical implants! Many objects we place into our bodies are helpful and will integrate with us energetically without any issue. We certainly cannot truly “clear” the physical implant itself, but we can energetically re-tone the implant to energetically integrate with our client’s physicality.

- *Are there any negative physical or etheric implants present for [Client]?*
- *If yes: Is there a negative physical implant? A negative etheric implant?*
- *How many of each are present? One? Two?*

SOUL LOSS

The Soul is made up of our fifth- through tenth-dimensional aspects. Parts of our Soul can be lost when we attract extreme trauma. Sexual abuse, killing another human, rape, witnessing a loved one tortured, raped or killed, are all examples of experiences that traumatize us to the core of our Being and cause us to damage our Souls.

Soul Loss means we are literally missing pieces of ourselves and our Divine Soul Blueprint. Obviously, this limits our ability to receive vital force energy from Divine Source. If we lose more than 25% of our Soul, we present with mental illness or extreme forms of autism, etc. Not all mental illness is due to Soul Loss.

If a person loses 50% of their Soul, the Soul loses integrity and ceases to exist as an entity. Our Divine Soul Blueprint is, after all, responsible for all of our functionality as both a human and spiritual being. Soul Loss is not exactly rare. However, most clients with Soul Loss will present with only 2% - 7% of their Soul missing. Soul Loss is frequently a past-life issue.

Please note that we attract traumatic and violent situations based on our existing karmic patterns of victimization. Nothing ever happens “to” us! Soul loss is, in effect, an attempt to separate ourselves from the karmic patterns that are responsible for attracting the trauma. We essentially energetically amputate the part of our Divine Soul Blueprint that upholds these karmic patterns. It is an act of extreme self-denial (“this shouldn’t be happening to me”) and unwillingness to take responsibility for our own patterns of victimization. To some degree, this is effective - we no longer attract the trauma or violence. However, we severely limit our ability to receive vital force energy and thereby our abilities to create our own experience.

Clients may also present with Soul aspects or “pieces” that are not their own. This can happen when both people involved in a traumatic situation act out the victim/perpetrator or victim/savior dynamic. In either case, the victim completely abdicates responsibility, while the perpetrator or savior takes on both power and responsibility.

Any situation involving Soul Loss will be traumatic at the physical level of our experience. Having our heart broken, or the death of a loved one, for example, is simply emotional pain, which does not result in Soul Loss.

With Soul Loss, we can't seem to access inherent and essential aspects of ourselves. We simply cannot create an abundant experience when we are literally missing pieces of our Divine Soul Blueprint ... a lot more than our unwanted karmic patterns is lost to us! The client will feel incomplete. Their self-esteem may be severely affected and they may have a strong sense that something is "wrong" with them. They will have trouble accessing the fullness of their Divine Gifts.

If the client is holding parts of another's Soul, they will be very confused. They have "extra" pieces of Divine Soul Blueprint that just don't fit! They will feel inconsistent within themselves. They are out of integrity, trying to integrate parts of a Divine Soul Blueprint that is not their own.

Soul loss must be cleared by the client. You will be able to give your clients access to the audio/visual process. Please have the client watch and listen to it for seven days in a row. The same clearing process is used for Soul loss and when aspects of another's Souls are held. The process re-establishes the integrity of the Divine Soul Blueprint.

If the client is a child or an incapacitated adult, the responsible adult may have the process play in their physical presence.

- *Has [Client] experienced any Soul Loss? What percentage of the Soul was lost?*
- *Is [Client] currently holding a percentage of Soul Loss from another Soul? What percentage?*

PORTALWAYS

Portalways are the energetic doorways we use to travel between dimensions and to the astral planes. Portalways are in and of themselves not negative - we use them constantly to access the astral planes during sleep, and we use them unconsciously to access information about the past and the future. Portalways are considered negative when they are creating a distraction from the client's current incarnation. Portalways to past lives are often present when there are past-life blocks and restrictions.

Portalways may also be excessively present when a client practices "spiritual escapism." They may create an imaginary life in their heads that is more vivid, real, and important to them than "real" life. This may show up as portalways to astrals planes. Clients may also get attached to specific memories and replay them over and over. This shows up as portalways within their own subconscious. Portalways can also be found in properties, and are used by Earthbound Souls to come and go out of physical spaces. There is no need to uncover an energetic statement for Portalways, or research them further - we just want to close them via our clearing work.

- *"Are there any portalways open that are creating a distraction from [Client's] current human experience?"*

- *(If yes) How many?*
- *(If yes) Are these portals always open to past lives? The astral planes? The client's subconscious?*

NEGATIVE ASTRAL TRAVEL

The astral planes are located at the intersections between the third, fourth and fifth dimension. We access the astral planes in our sleep. They are a place of rest and integration. Processing our emotions and our day's events generally happens at the intersection of the third and fourth dimensions. The subconscious cannot tell the difference between imagination and reality, which is why our dreams can be very vivid.

We also access the intersection of the fourth and fifth dimensions in order to connect to our own Higher Self and replenish our vital force energy. Lucid dreaming can take place when we become conscious while we are accessing these astral planes.

“Negative” astral travel is the general term we use for the numerous issues that can occur when we travel in and out of the astral planes during sleep. Negative astral travel is astral travel that does not serve us to process at the level of our subconscious, or in receiving and integrating vital force energy. It is usually a symptom of negative blocks and restrictions in our Divine Soul Blueprint, or negative patterns of choice we are currently engaged in. For example, if we do not fully connect with our Higher Self and replenish our vital force energy at the fourth / fifth-dimensional intersection while we sleep, we will wake up tired and depleted. We may also not feel connected to our Divine Gifts, or our intuition.

If our subconscious mind is unable to process our day's events at the third / fourth-dimensional intersection, we may feel stressed and anxious. We may find our will-power depleted and have trouble motivating ourselves.

Our ability to access the third / fourth-dimensional astral is in part governed by our endocrine system, which is affected by diet and exercise. Occasionally, we make negative choices about our bodies that affect our astral time.

During certain parts of our sleep cycle, much of our vital force energy actually leaves our bodies. At other times in our sleep cycle, most of our vital force energy is focused on nurturing our physical bodies to the exclusion of our mental body.

At times, we may have trouble effectively transitioning our vital force energy in and out of our bodies and to and from the astral planes. In other words, we don't complete our astral travel properly, resulting in "incomplete" astral travel. Obviously, insomnia is a symptom of not being able to transition our vital force energy out of our bodies.

If, for example, we do not transition back appropriately from the third / fourth-dimensional intersection, we may feel as if we are "trapped" in a nightmare and have trouble waking up. At its most extreme, we may be aware that we are in our beds, but we are also still dreaming. We may actually be able to sit up, walk or run around, and talk ... but we are still asleep. This is also known as a "night terror." Night terrors can be highly unnerving for parents when they occur in young children.

If we have difficulties transitioning appropriately from the fourth/ fifth-dimensional intersection, we may have trouble regaining control over our physical bodies when we wake up. At its most extreme, this can result in a phenomenon known as sleep paralysis. This is a temporary state in which we are unable to move or speak, but we are aware of our surroundings, often accompanied by frightening hallucinations. Obviously, this is a very unsettling phenomenon that causes great distress in our clients.

Young children spend far more time in the fourth / fifth-dimensional astral plane as their subconscious has much less to process. Bed wetting is a sign of a child disconnecting from their body to the point that they don't wake up to go to the bathroom. Depending on the child's age, this may be due to negative astral travel.

For now, we just want to find out if our client is currently engaged in negative astral travel, and on which dimensional intersection it is centered. This information by itself can be very validating for the client! We also want to find out if they are not transitioning properly between astral states.

However, in Lesson Eight we will also find out if negative astral travel is a symptom accompanying other blocks and restrictions - in which case we can help the client find out which new positive choices will help improve their sleep! If negative astral travel is not accompanied by other blocks and restrictions, we can research what current negative patterns of choice are creating it.

- *Is [Client] currently engaged in negative astral travel?*
- *Is the negative astral travel focused on the 3rd / 4th dimensional intersection? The 4th / 5th dimensional intersection? (Can be both.)*
- *Is the client currently engaged in incomplete negative astral travel?*

NEGATIVE INTENTIONS

Any Soul, positive or negative, can place a negative intention. A negative intention is a concentration of ill wishes with a lot of emotional energy behind them! Negative intentions are a very common attachment mechanism. Negative intentions can connect the people involved for many lifetimes.

Usually, people do not realize they are placing a negative intention. They are simply wishing someone harm because they are hurt, or in fear, or disempowerment. A negative intention definitely doesn't take hold whenever someone wishes us harm! As always, nobody can do anything "to" us.

We must make choices that indicate we were in the wrong, feel guilty, or otherwise agree with the energy of the negative intention in order for it to become a part of our Divine Soul Blueprint. In other words, we must act as if we deserve the negative intention in order for it to take hold. This is the choice we make that allows for the negative intention.

We will often find ourselves in present-life relationships and circumstances similar - and energetically the same! - as the past-life situations that instigated the negative intention. That's because we are, of course, continuing the same patterns of choice and therefore generating the same karma.

At times, you may find that the client placed the negative intention. They will continue the pattern of acting as if they have been wronged. Usually negative intentions take place between people who are close to one another, such as family members. We usually choose to allow negative intentions to take root that are placed by the people we care most about, and whose opinion very much matters to us.

Negative intentions can be past- or present-life. Negative intentions can be placed by an individual, or a group of individuals. A single negative intention can be an attachment mechanism for multiple Attaching Souls.

You will discover the energetic statement of a negative intention by using your programs / energetic statements chart once you get to Lesson Eight. We'll also talk more about how to uncover the specific circumstances surrounding a negative intention.

- *Is there a negative intention affecting [Client] at this time?*
- *If yes: Is there a negative intention placed upon [Client]?*
- *If no: Is there a negative intention placed by [Client]?*

BARGAINS

Bargains are agreements between two people engaging in an exchange for personal gain. Usually, the client must sacrifice for the perceived gain they desire. Bargains are usually made for money, status, or power. The client may marry someone for money, giving up authentic love for financial abundance. A

client may give up their integrity for power, or their freedom for fame. A bargain is usually made with someone who we see as an authority that can deliver what we want into our lives.

These “bargains” remain largely unspoken and are fulfilled at the level of action! For example, we may want to use someone for their business connections ... and they do in fact help us through their connections. However, we are then asked to engage in illegal business dealings for our benefactor ... and do so, because we know otherwise their help will be withdrawn.

Often bargains start when we use someone as a “short cut” to our own goals and become dependent on their assistance ... and we find ourselves willing to make negative choices for the sake of continuing the arrangement.

As with other negative agreements, these dynamics continue at the level of choice for the remainder of both parties’ incarnations, and become a part of their Divine Soul Blueprint. Clients will find themselves continuing the perception that they “need” others to get what they want, and will continue the pattern of sacrifice through negative choices.

Bargains are usually past-life but can be present-life as well, and serve as an attachment mechanism for Attaching Souls. You’ll uncover the energetic statements of bargains in Lesson Eight.

- *Is there a Soul-level bargain currently affecting [Client]?*
- *Did it originate in a past life? (If no) Present life?*

CONSTRAINTS

We create constraint situations when we surrender our free will to the will of another person. In other words, we choose to let our free will be “constrained” or limited by someone else’s free will.

In a constraint situation, we will buy into the perception that we are not at choice. Constraints take root when we do what the other person wants, against our own free will. For example, if we marry someone we don’t want to marry in order to satisfy the wishes of our parents, this can result in a constraint. If we prostitute ourselves because our spouse wants the money, this can result in a constraint. Constraint situations are common. They can be past- and present-life and serve as an attachment mechanism for Attaching Souls. They can be placed by both individuals or groups. We usually surrender our free will to the people we are close to and perceive ourselves as dependent on, such as parents and spouses. We might also enter into a constraint with a religious authority. Constraints are like energetic straight-jackets. Once we choose to surrender our free will, it will appear as if certain choices are not available to us.

As with other negative agreements, we will continue to surrender our free will and make choices we do not actually want to make, for the remainder of the lifetime in which the constraint originated. When we enter into a constraint, we truly believe we have no other choice. Of course, we always do ... but we usually enter constraints because we are terrified that the other party involved will withdraw love, or safety. Sometimes we also enter into a constraint because the alternative is inconvenient and socially uncomfortable!

Clients with a constraint present will still tend to surrender their free will to a perceived external authority. Sometimes they simply feel more comfortable having others make choices for them resulting in a lot of blame down the road. They will often make choices out of obligation, or because they feel they “should.” They will usually have very sound rationalizations in place for why they “have to” do something they don’t want to do. They will have the perception that some choices are simply unavailable to them (“I can’t”) even though this is not rational or reasonable.

Constraints will also attract situations and circumstances into our lives that seem to limit us. This is because we have chosen to disempower ourselves. Constraints can show up as placed on your client, but can also have been placed on another by your client!

If your client is placing the constraint, they will constantly find themselves trying to assert their will over others and try to control them by limiting their choices.

- *Is there a constraint currently affecting [Client]?*
- *Did it originate in a past life? (If no) Present life?*

VOWS

Vows are usually promises made to a perception of external spiritual authority. The keeping of that promise results in negative choices. Vows may also be made to an actual person whom we perceive as a spiritual authority, such as a guru or even a husband. Vows always create separation from inner spiritual authority and our Divinity. Vows always include some kind of ritual at the

physical level, followed by actions that uphold the promise for the remainder of that incarnation. There is always a “real-life” ritual ceremony that accompanies the vow.

Situations in which vows are created include those of initiation into religious orders or other types of organizations, and marriage vows. Vows can be of Obedience, Chastity, Poverty, Suffering, Sacrifice, and Silence.

Obviously, not every religious ritual in which promises are made results in a Vow becoming a part of our Divine Soul Blueprint. Not every Vow leads to negative choices when we keep it. Vows are also not always kept.

Vows of Obedience: Make us both very obedient in any situation in which perceive outside authority AND make us rebellious at the same time.

Vows of Chastity: Can result in childlessness or sexual dysfunction.

Vows of Poverty: Difficulty accumulating wealth. No matter how much money your client makes, they only ever have just enough, or a bit less.

Vow of Suffering: Everything is difficult. Frequently is accompanied by chronic health issues.

Vow of Silence: Trouble with self-expression, communication, a tendency to keep secrets.

When a Vow is made to a person we think is a representative of God, we give them authority over us and allow them to draw on our vital force energy through this negative agreement. At times, this perception of spiritual authority has been abused by others for personal power. Vows to a person could be made during an initiation to a guru, a marriage, or religious rites with an authority figure presiding. Vows are mostly past-life but can be present-life. They are often activated when we step into our present-life spiritual path. When made to a person, they can serve as an attachment mechanism for Attaching Souls.

- *Is [Client] affected by any Vows?*
- *Are they vows to a perceived spiritual authority?*
- *Are they vows to another?*
- *Do these vows originate in a past life? Present life?*
- *How many vows are there? What are they? (Obedience, Chastity, Poverty, Suffering, Sacrifice, and Silence)*

MENTAL / EMOTIONAL LIFE OCCUPIED

This question goes to how much of the client's mental thought processes OR emotions are affected by the totality of blocks and restrictions present. Mental / emotional life occupied is measured on a percentage scale - what percentage of the client's mental or emotional life is currently impacted by the blocks and restrictions present. Generally this value is between 10% and can be up to 80%.

- *To what percentage is [Client's] mental life occupied?*
- *To what percentage is [Client's] emotional life occupied?*

LESSON SEVEN DOWSING PROTOCOL

- *Are there any negative physical or etheric implants present for [Client]?*
- *If yes: Is there a negative physical implant? A negative etheric implant?*
- *How many of each are present? One? Two?*
- *Has [Client] experienced any Soul Loss? What percentage of the Soul was lost?*
- *Is [Client] currently holding a percentage of Soul Loss from another Soul? What percentage?*
- *Are there any portalways open that are creating a distraction from [Client's] current human experience?*
- *(If yes) How many?*
- *(If yes) Are these portalways open to past lives? The astral planes? The client's subconscious?*
- *Is [Client Name] currently engaged in negative astral travel?*
- *Is the negative astral travel focused on the 3rd / 4th dimensional intersection? The 4th / 5th dimensional intersection? (Can be both.)*
- *Is the client currently engaged in incomplete negative astral travel?*
- *Is there a negative intention affecting [Client] at this time?*
- *If yes: Is there a negative intention placed upon [Client]?*
- *If no: Is there a negative intention placed by [Client]?*
- *Is there a Soul-level bargain currently affecting [Client]?*
- *Did it originate in a past life? (If no) Present life?*
- *Is there a constraint currently affecting [Client]?*
- *Did it originate in a past life? (If no) Present life?*

- *Is [Client] affected by any Vows?*
- *Are they vows to a perceived spiritual authority?*
- *Are they vows to another?*
- *Do these vows originate in a past life? Present life?*
- *How many vows are there? What are they? (Obedience, Chastity, Poverty, Suffering, Sacrifice, and Silence)*
- *To what percentage is [Client's] mental life occupied?*
- *To what percentage is [Client's] emotional life occupied?*