

## LESSON EIGHT

# SOUL STORIES

Right now, you know which individual blocks and restrictions are currently affecting your client. If you just went down the list of blocks and restrictions in a session, explaining each one to the client, it would not only feel like a laundry list of things that are “wrong” with them, it would also be very disempowering because they wouldn’t know why these issues are affecting them.

The next aspect of this work is about pulling the individual blocks and restrictions together into a comprehensive understanding of the larger negative karmic patterns your client is currently choosing to engage in. We’ve gathered the puzzle pieces ... it’s time for the bigger picture and putting together Soul stories.



This is perhaps the most important aspect of our work. Creating comprehensive Soul stories that not only resonate with our clients but also make sense and satisfy the thinking mind is what helps our clients bring their negative karmic patterns into consciousness. Full understanding of these patterns is also what will help the client change these patterns by making new choices!

There is one single overriding question that governs this next aspect of our work: What choices did the client make that created the blocks / restrictions and overall negative karmic patterns?

Remember, choices happen at the level of action. Choices are not thoughts, beliefs or feelings. We want the grounded, “real-life” story of choice and consequence. In the end, we want to be able to say something to the client along the lines of:

*“Eighteen lifetimes ago, you were female. You fell in love with a man of whom your parents in that lifetime didn’t approve. You ended up running away and getting married with this person. Your parents placed a negative intention on you with the energy of “betrayal” and you did indeed betray your integrity by lying in order to run away. As a result their Souls remain attached to you and are running a program of “self-doubt” at your sixth-chakra mental body ...”*

Soul stories are like miniature soap opera plot outlines. Keep in mind that humanity has not really changed much over thousands of years. Our motivations remain the same - love, fear, money, power, safety, etc.

Each story has to make sense. If you were telling a plot outline, it has to “hang

together.” Engage reason and logic as you ask questions!

Stay away from excessive detail. Details are distracting from the choice that the client made. We don't want to stimulate curiosity about past lives, nor do we want clients to blame their past life situations for what is going on today! If you are “getting” unwanted levels of detail, you are not being disciplined with your process.

We want to focus on the client's choices - not the other participants in the soap opera plot! We only need to know as much information on the other “players” in the pattern as is necessary to understand the client's choices. Remember, we are accessing our client's Soul-level information only - if you find yourself going into detail about other Souls' histories, or the motivations of the other people in your Soul story, you're heading off track. If you don't understand the story .... neither will your clients. Ask more questions!!!

The first step to uncovering Soul stories is to group existing blocks and restrictions into “patterns,” so that we know which blocks and restrictions combine together to form a negative karmic pattern.

The intention is to group together blocks and restrictions that occurred in a single lifetime and have the same negative choice at root cause. For example, your client might have accepted a past-life negative intention, along with an Attaching Soul, which also resulted in a Golden Web tear and a portalway to that past lifetime. Those are four different blocks and restrictions, all part of the same “pattern.”

Some blocks and restrictions will at times represent the root choice the client made. Examples of “root cause” blocks and restrictions may include: Implants, negative unjustified karma, negative intentions, bargains, constraints, contracts, negative Guides present, Soul Loss, independent negative thought forms, negative thought forms, anger spears, compassionate connections, and vows.

Other blocks and restrictions can be more symptomatic - they often arise from core blocks and restrictions. Examples of symptomatic blocks and restrictions include shells, LPI, Soul shifting, Attaching Souls, Golden Web tears, Soul Loss, Godspark damage, and memory issues.

Some blocks and restrictions may be “stand-alone” patterns. In other words, sometimes there’s just a Vow. That’s the only block in that pattern. Most of the time, symptomatic blocks and restrictions do not stand alone, unless they are present-life. For example, a client may show up with a present-life Golden Web tear that is a stand-alone pattern because they are presently engaging in a brand-new negative pattern of choice that has no past-life root cause.

You will group Soul shifting, shells, and LPI, as well as all other blocks and restrictions. If you come across an Attaching Soul, there must ALWAYS be an attachment mechanism present. Whenever there is a Soul-shifting situation, you will find at least one Attaching Soul and an attachment mechanism for the additional Souls involved.

While an Attaching Soul MUST be grouped together with an attachment mechanism, you can have an attachment mechanism show up without an Attaching Soul! The other Soul involved may no be longer engaged in that same

karmic pattern, or is currently incarnated.

Grouped blocks and restrictions always come from the same lifetime and have the same negative choice as their root cause. In other words, we want all past-life blocks and restrictions to be grouped separately from present-life blocks and restrictions!

Once your frame of reference is solid, grouping is very simple! Please don't try to guess as you group how the various blocks and restrictions might go together. Maintain a state of detachment and do not try to come up with any stories until you know what blocks and restrictions go together. All you are doing is upholding the intention that you are grouping based on what blocks and restrictions make up a negative karmic pattern of choice!

## GROUPING KARMIC PATTERNS

First, create several columns on the back of your session sheet and label them "Pattern #1, Pattern #2, etc."

Start with the first block / restriction you uncovered (which might be Godspark damage, or a negative Guide, or Golden Web damage ...) and write it down under "Pattern #1."

Go to the next block / restriction on your session sheet that you uncovered for the client and ask: *"Is this [NAME IT] part of Pattern #1? Or is it part of a separate pattern?"*

If separate, put it under “Pattern #2.”

Go to the next block / restriction you found for the client and ask: *“Is this [NAME IT] part of Pattern #1? Pattern #2? Or is it part of a separate pattern?”*

Every time you find a block and restriction that isn’t part of an existing pattern ... start a new pattern!

Sometimes you will end up with just two patterns that contain four or five blocks and restrictions each. At other times, you will come up with five patterns, some of which have just a single block and restriction. Just keep your intention in mind - you are sorting blocks and restrictions into separate karmic patterns.

As long as your intention is clear, this is not a process that requires any thinking or pondering on your part. There is nothing to “figure out.” All you are asking is which puzzle pieces go together to form cohesive parts of the entire picture. I suggest you go through this process fairly quickly, so that your mind doesn’t have time to get too curious. Guessing what blocks and restrictions go together is not good for your accuracy!

## ASKING QUESTIONS

Now that you know which blocks and restrictions are part of the same negative karmic patterns, it’s time to find out the specific “why” and “what” that set these patterns into motion. You are about to graduate from dowsing protocols! The process of coming up with the Soul story is very much about employing reason and logic, and your understanding of human nature.

Until now, you've been gathering information, like a detective gathering clues. Now it's actually time to put the pieces together. You will want to treat each negative karmic pattern separately! Each one represents a comprehensive Soul story that you must figure out. Never "edit" your grouping process, or start pulling blocks and restrictions from separate patterns into the one you are working on! Focus just on the negative karmic pattern you are working on.

## ASKING QUESTIONS: WHEN

The first piece of information you can establish for each pattern is WHEN the negative karmic pattern was set into motion. Remember, we are grouping blocks and restrictions by lifetime.

- *Is this negative karmic pattern a past-life or present-life pattern?*
- *(For past-life) How many lifetimes ago did my client instigate this negative karmic pattern?*
- *(For present-life) At what present-life age did my client instigate this negative karmic pattern?*

Please note that we have not lived thousands or even hundreds of lifetimes. Most past-life patterns will most likely come from two to twenty lifetimes ago. Occasionally, you may find older past-life blocks and restrictions. I have yet to find any going back more than sixty lifetimes. Remember, "past-life" refers to when the negative karmic pattern started. Obviously it is still being continued by the client today, or it wouldn't show up in their Record!

The best place to start your investigative process is with any root cause blocks

and restrictions present in the pattern. Occasionally, you might have multiple root cause blocks and restrictions - you might find an implant, a vow, and a constraint along with a few Attaching Souls and Soul Loss, a Golden Web tear and memory issues. In such cases, you'll want to ask which of the root blocks came first - the implant, vow, or the constraint? That's where you'll want to start your investigative process.

## ASKING QUESTIONS: WHO

Now that you know the WHEN, it's time to investigate the WHO. For past-life issues, you'll first of all want to find out:

- *Was my client incarnated as male or female in that lifetime?*

Remember that Souls can incarnate as either gender. Knowing the gender of your client will shape the perspective of the story. Obviously, this question is unnecessary for present-life issues!

For most past-life root cause blocks and restrictions, we next want to find out WHO the other people involved were! Remember that we usually create any negative agreements and attachment mechanisms with actual people in our lives, usually those closest to us. If you encounter blocks and restrictions that must, by definition, involve one or more other people, the next step is to find out the relationship our client had with those people in that lifetime.

For example, if you have a negative intention placed on the client three lifetimes ago, you'll next want to find out who would have placed it. If you have three



Attaching Souls in that same issue, chances are that all three of them placed that negative intention! On the other hand, you may only have one or even no Attaching Souls ... engage reason and logic. Negative intentions most likely come from spouses, lovers, parents, siblings, our children, relatives or close friends. Occasionally they come from business associates. Think about whose opinion really matters to us!

If you have negative unjustified karma, the question is: “Who did my client cause harm, or have the perception of causing harm?” Again, we just don’t create negative unjustified karma with total strangers, nor do we usually have the occasion to mistakenly do harm to strangers. Instead, we might mistakenly hurt those closest to us through neglect or inattention, or simple lack of awareness.

If you encounter a constraint, you know that your client surrendered their free will to someone. That someone would obviously be a perceived authority figure. We don’t surrender our free will to someone whose authority we don’t believe in.

For an implant, the “who” is usually an organization of some kind - military, political, religious, social, educational, financial ... there’s not that many options. This kind of logical thinking will help you come up with who else played a role in your client’s negative choices.

## PROGRAMS AND ENERGETIC STATEMENTS

Programs and energetic statements allow us to find out how the client is affected by certain blocks and restrictions. This information will also help you figure out what questions to ask about exactly how the pattern came about. You will now want to use your Programs / Energetic Statements chart (Page 197) to dowse for what programs are being run by any implants, Attaching Souls and negative Guides present for your client.

We just want one single program for each of these blocks / restrictions when they are present. Specificity is the key to helping the client gain consciousness of how their negative karmic patterns are affecting them. Programs affect us very differently depending on which chakra they are running in.

Chakra	Affects	Chakra	Affects
1	Connection to “tribe,” society, family	5	Communication and self-expression
2	Money and sexuality	6	Intuition, vision and Truth
3	Self-esteem, personal goals	7	Personal freedom and ability to choose
4	Relationship with others and Self	8	Common sense and rational thought

For example, a program of “doubt” at our third chakra mental body will have us doubting our abilities to achieve our goals, second-guessing ourselves and will probably result in endless planning. On the other hand, a program of “doubt” at our fourth chakra emotional body will have us doubting our feelings about ourselves and others and cause us to sabotage our relationships through inconsistency and lack of commitment. Meanwhile, a program of “doubt” at the

sixth chakra mental body will have us second-guessing our vision for our life, and whether we really see the Truth about ourselves and others, creating a great deal of insecurity and mistrust. The program information usually helps the client truly relate to the blocks and restrictions and claim responsibility!

If independent negative thought forms are present, you'll also want to find out through what energy the client is engaging with them, and at what specific chakra.

Energetic statements are slightly less specific. They are overall energetic experiences and are not associated with a specific chakra or the mental / emotional body. You will want to dowse for energetic statements for: Negative unjustified karma, negative thought forms, negative intentions, bargains, and constraints.

We don't need energetic statements for Vows or Contracts, because the nature of the Vow or Contract itself implies how the client is being affected. Similarly, we don't need an energetic statement for Anger Spears or Compassionate Connections. The energy is obviously always "anger" and "compassion." The energetic statement for negative unjustified karma will tell you what the client is blaming themselves for - the overall energetic experience of having made the mistake. It is frequently (but definitely not always!) "guilt."

The energetic statement of a negative intention is the energy that the client was intentioned with - "victimization," for example, will always have them acting like victims, and attract perpetrators and bullies into their experience.

The energetic statement of a constraint will indicate how the client allowed themselves to be manipulated into surrendering their free will. A constraint of “fear” will constantly have them do what others want because they are afraid of loss.

A constraint of “self-doubt” will constantly have the client do what other people tell them to because they think others will know better. They will constantly abdicate responsibility in favor of “expert” advice. They also surrendered their free will initially by telling themselves someone else “knew better” what they “should” do than they themselves did.

Remember that bargains are an exchange where one thing is given up for another. You’ll want to gain a clear understanding of what the “real life” agreements and choices are! The energetic statement of the bargain is how the bargain is affecting the client overall. For example, someone who trades their integrity for wealth may show up with a bargain of “self-loathing” or “anger.”

Knowing programs and energetic statements will help you figure out exactly how and why the client created the negative karmic pattern.

- *What program is this (Attaching Soul / Implant / negative Guide) running? (Use Programs / Energetic Statements chart on page 199)*
- *Is this a mental or emotional body program?*
- *At what chakra is this program running?*
- *What is the energetic statement created by this (negative unjustified karma/ negative thought form / negative intentions / bargain / and constraint)?*

## GETTING THE STORY

Now the real fun starts! You already know the energetic essence and overall outline of the story, simply based on the blocks and restrictions present in the issue. Now, however, we want to know exactly what choices the client made that set their negative karmic pattern into motion.

There are no dowsing protocols for this aspect of the work! You will have to use a bit of imagination and a logical approach to what makes us, as humans, do anything! We engage in negative choices for only two underlying reasons: We are afraid of loss, or we think we have something to gain! Often, we want to gain something without a loss. The things we are most afraid of losing are also what we most want: Safety, security, money, freedom, power, sex, and love. In one shape or another, these are usually the underlying reasons behind our negative choices.

## QUESTIONS FOR IMPLANTS

Implants are usually the result of joining an organization or group, and then choosing to stay even though they realize that the organization is corrupt or ill-intentioned, or that staying simply is not aligned to our Divine self-expression.

- *If past life (usually it is!): How many lifetimes ago was this implant received?*
- *Did my client join a group or organization in that lifetime?*
- *What kind of group or organization? (Religious, political, educational, military, social, economic, etc. ... there's only so many kind of groups*

*we can join!)*

- *Did the client perceive personal gain from joining / staying in the group? If yes, what did they get out of joining or staying?*
- *Did the client recognize at some point that the organization was corrupt?*
- *What negative choices did the client feel they needed to make in order to stay in the organization?*

## QUESTIONS FOR NEGATIVE UNJUSTIFIED KARMA

Remember that negative unjustified karma is created when the Soul perceives it made a horrible mistake. You'll want to find out what the perception of the mistake is. You've established who else was involved and you know the energetic statement of the negative unjustified karma ... now you'll want to find out exactly what your client did that caused harm. Emotional harm is usually due to some sort of betrayal - we run off with our best friend's lover, or gamble away all of our family's money, etc.

- *Did my client cause physical harm? (If no) Emotional harm?*
- *(If physical) Was someone killed? Injured? Disabled?*
- *(If emotional) Was there a perception of betrayal?*

## QUESTIONS FOR PRESENT-LIFE ISSUES

For present-life issues such as negative Guides or engagement with independent negative thought forms (both of which are ALWAYS present-life), you'll want to ask:

- *At what present-life age was this negative Guide hired / did the engagement with the independent negative thought form start?*

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For present-life issues, you'll want to ask the client about what happened around the age you uncover. This allows the client to gain understanding of the choice they made in this lifetime.

Stay focused on the grounded situation and the choices the client made. Don't get stuck on little details. Let your imagination guide you - what else could the choice your client made have been? Be playful with this process, but do not ask illogical questions, because this will create confusion. The only way to do this process "wrong" is to allow your mind to tell you that you don't know what to ask. If you hit a dead end in your questioning, step away for an hour or so.

## EXAMPLES

### **Example Negative Karmic Pattern #1**

Negative Intention

Attaching Soul, running a program of "doubt" at the third chakra mental body

Portalway to a past life

2nd chakra web tear

Process of inquiry: (Answers are included in parenthesis.)

How many lifetimes ago did the negative intention occur? (8)

Was my client incarnated as male or female in that lifetime? (Female)

Was the negative intention placed on my client? (Yes)

Who placed the negative intention? Was it a family member? (Yes)

Was it an immediate family member? (Yes)

Was it a sibling? (No)

Was it a parent? (Yes)

Was it her mother in that lifetime? (Yes) [Note: Obviously there are only two options. If the answer had been no, it must have been her father in that lifetime!]

What is the energetic statement of the negative intention? (From Programs Chart: Dependence)

Her mother placed the negative intention of “dependence” on her? (Yes)

Did my client take an action of independence in that lifetime that caused her mother to place the negative intention? (Yes)

[This question is logical, based on the energetic statement. If the negative intention is “dependence” it stands to reason that she asserted her independence against her mother’s wishes and incited her mother’s anger.]

Did my client do something against her mother’s wishes? (Yes)

Did she leave home? (Yes)

Did she leave home to get married? (No)

[There are only so many reasons we “leave home” and those reasons haven’t changed much over the centuries!]

Did she leave home to pursue a career? (Yes)

Did her mother tell her that she would never be able to support herself? (Yes)

Did my client choose to doubt herself? (Yes)

Did my client continue to make choices for dependence after leaving home?(Yes)

Did my client depend on others to help her in her new career? (Yes)

Did my client ever actually succeed in her chosen career in that lifetime? (No)

Did she have to financially depend on others to support her? (Yes)



Did she get married? (Yes) [Given the second chakra Golden Web tear, which affects both sex and money, this is a logical question to ask.]

Did she get married in order to be financially supported? (Yes)

So she became dependent on her husband? (Yes)

Did her husband support her in pursuing her chosen career? (No)

Did her choice to marry for financial support reinforce the doubt about ever being able to sustain herself independently? (Yes)

Did she ever gain independence in that lifetime? (No)

Is the Soul that was her mother in this past life currently the Attaching Soul grouped in this karmic pattern? (Yes)

The Soul story, based on these questions and answers:

Eight lifetimes ago, the client was in a female incarnation and chose to leave home to pursue a career, against her mother's wishes. Her mother cursed her for this choice, with "dependence." Her mother told her she would never be able to make it on her own. The client essentially bought into the negative intention by doubting her ability to be independent. The client continuously chose to depend on others because she doubted herself, eventually marrying for the sake of financial support, thus acting in alignment with the negative intention. She never manage to create financial independence through her chosen career, and remained in a state of dependence. Putting herself in a position of financial dependence and not pursuing the career she desired for herself were the negative choices she made, resulting in a second chakra tear at her Golden Web.

The Soul that was her mother eight lifetimes ago remains attached through the

negative intention and is running a program of “doubt” at the client’s third chakra mental energy body. Most likely the client regards all of her goals with doubt and second-guesses her own ability to achieve what she wants, which just like in the lifetime of origin, becomes a self-fulfilling mechanism. I would also not be surprised if this client is unable to achieve financial independence - she might constantly need a person or organization to support her one way or another. She may still be in an intimate relationship characterized by financial dependence. In order to resolve this negative karmic pattern, the client must start trusting herself and stop leaning on others, especially if their support is financial. I would suggest this client start taking action on her goals, and course correct her plan of action based on results rather than feelings of self-doubt. Chances are she currently spends more time planning and researching than actually moving forward.

Most likely her intimate relationships are a sort of “safety net” because she does not believe in her own ability to succeed independently. If this client is not currently financially supporting herself, I would suggest she take financial responsibility for something that she needs or wants.

### **Example Negative Karmic Pattern #2**

Negative etheric implant, running a mental body program of “confusion” at the sixth chakra

Portalways to past lives

Golden Web tear at the 6th chakra

Process of Inquiry:

How many lifetimes ago was this implant created? (14)

Was my client female in that lifetime? (No)

Was my client male in that lifetime? (Yes)

In that lifetime, did my client join an organization or group and did this in some way lead to him creating this implant? (Yes)

Was joining the organization the choice that resulted in the implant? (No)

Was staying in the organization the choice that resulted in the implant? (Yes)

What kind of group or organization was it (social, educational, political, financial, religious, etc.)? (Political)

My client was male and joined a political group in that lifetime? (Yes)

Did my client become a follower/ organizer / leader within this group? (organizer)

Did my client have aspirations to leadership within this group in that lifetime? (No)

Did my client want to serve others when he joined this group? (Yes)

Did this group serve others when my client joined? (Yes)

Did this group gain political power during my client's involvement? (Yes)

Did this group gain political control during my client's involvement? (Yes)

Was there a change in the group during my client's involvement? (Yes)

Did the group engage in an abuse of power? (Yes)

Was my client lied to about the group's activities? (No) [I ask about lies because sixth chakra issues affect our ability to see truth.]

Did my client become aware of the abuse of power? (Yes)

Were the group's followers being lied to? (Yes)

Was the public being lied to? (Yes)

Did these lies lead to financial gain of the leadership? (Yes)

Were these lies about economic or financial situations? (No)

Were these lies about conflicts with other countries / regions? (Yes)

Did the leadership instigate conflict with another country for financial gain? (Yes)

Were they able to use conflict to raise taxes from the population? (Yes)

Did my client discover that the leadership was corrupt? (Yes)

Did the client make a choice to go along with what this group was doing? (Yes)

Did my client rationalize his choice by telling himself he didn't understand what was going on? (Yes) [I ask this question because of the program of "confusion."]

Did my client derive financial benefit from this situation? (Yes)

Did my client stay in this organization for the rest of that lifetime? (Yes)

Did the implant allow the client to stay within this group and reap personal financial benefit, in spite of the abuse of power? (Yes)

Does the implant and program create confusion about Truth for the client? (Yes)

The Soul story:

Fourteen lifetimes ago, this client joined a political group that was of service to others when he joined. He became involved as an organizer of this group. Eventually this group rose to power in the society. However, this led to eventual abuse of power by the group's leadership. My client learned that the group was instigating a conflict with a neighboring society or country which allowed them to raise taxes, which were used for their own financial gain. The client chose to benefit from what the group was doing and go along with this abuse of power. In order to live with this choice, my client rationalized that he didn't really understand this political situation. To uphold this rationalization, he created the implant and program of confusion, allowing him to pretend that this abuse of power wasn't "really" happening and that he was most likely just "confused" as to what was going on.

This client most likely still goes into confusion as a way of ignoring inconvenient Truths. However, this program of confusion is going to affect the client's sense

of Truth overall. Not only will this client be conveniently confused when it comes to negative choices, but this client is just going to be confused about who they truly are, and their vision for their own life. Since this is a sixth chakra issue, this client will most likely perceive their own intuition in a way that is confusing, as well. This client is obviously ready to look at their own experience clearly, or they wouldn't be coming in for a session.

At the level of action, the client will have to take a good, hard look at the integrity of the people and organizations he is currently engaged in and choose to step out of relationship with any that are out of integrity. If, for example, this client has managed to justify working for, say, a corporation that manufactures weapons, it might serve the client to find a new place of work. Most likely this client has already considered taking this kind of action. If he were not ready to release this mechanism, he wouldn't show up for a session.

We cannot choose clarity selectively ... so if the client wants clarity for himself, he has to confront all the things he has been unwilling to look at by telling him he is confused. He will not only have to acknowledge the Truth of these situations, but actually do something about them. While this may create some upheaval initially, it will create a far more abundant experience for him long-term.

### **Example Negative Karmic Pattern #3**

Golden Web tear at 4th chakra

Attaching Soul, running an emotional body program of “responsibility” at the 4th chakra

Negative unjustified karma

## Vow of Obedience

How many lifetimes ago was the negative unjustified karma generated? (6)

Did the Attaching Soul originate in that same lifetime? (Yes)

Was the Attaching Soul an incarnated Soul in that lifetime? (Yes)

Was my client in a male or female incarnation six lifetimes ago? (Male)

What was his relationship in that lifetime with the Soul that is now attached?

Were they family members, spouse, lovers? (Undecided)

Was the Soul that is now the Attached incarnated as female? (Yes)

Were they friends? (Undecided)

Was there a romantic interest between them? (Yes)

Was the romantic interest on my client's side? (No)

On the Attaching Soul's side? (Yes)

Was my client aware of her romantic interest? (No)

Was the negative unjustified karma generated due to my client getting hurt? (No)

Did my client perceive to have inflicted hurt on someone else? (Yes)

On the Soul that is now Attached? (Yes)

Was the perceived hurt physical? (No)

Was the perceived hurt emotional (Yes)

Did my client romantically pursue someone else, and this caused hurt to the girl in that lifetime that is now the Attaching Soul? (Yes)

Did my client get married to someone else? (No)

Engaged? (Yes)

After my client got engaged, did this girl confess her romantic interest? (No)

Did my client hear about it from a third party? (Yes)

Did the girl try to commit suicide or do herself harm in any way? (Yes)

Who told the client? The girl's friends? Parents? (Parents)

Did my client call off his engagement? (Yes)

Did he feel responsible for this girl's emotional hurt? (Yes)

Were they friends before this event? (No)

Were they acquaintances? (Maybe)

Did they know each other well? (Yes)

Was she the sister to someone he knew well? (Yes)

Sister of a friend? (No)

Sister of his fiancée? (Yes)

What is the energetic statement of the unjustified karma? (Use Programs chart: blame)

Did my client's relationships with both of these girls end at this point? (No)

Did my client eventually marry this girl? (Yes)

Out of a sense of responsibility? (Undecided)

Did he end up falling in love with her? (Undecided)

Did he marry her out of a sense of obligation? (Yes)

Is the Vow in his Record part of a marriage vow? (Yes)

Was the Vow to God? (Yes)

Was the Vow a way to "make up for" or atone for having emotionally hurt her? (Yes)

Did the client maintain the relationship for the rest of the incarnation as a way to "make up for" the emotional hurt he blamed himself for? (Yes)

The Soul Story:

Six lifetimes ago, my client got engaged to a girl who had a younger sister.

Unbeknownst to him, the younger sister was desperately in love with him. The

engagement caused her to try to commit suicide. The girls' parents confronted my client, who immediately called off the engagement, less he inflict further emotional harm. This choice to call off the engagement was the choice that generated the negative unjustified karma, since it aligned to him being to blame.

He continued to try and "fix" this girl's emotional dependency and eventually married her out of a sense of obligation to her. He truly felt it was his duty to "do right" by her. This resulted in a Vow of Obedience when they got married. He chose to "make up for" what had happened not only to the girl, but to God, since he blamed himself for almost causing her to commit a "mortal sin." Her Soul is still currently attached to him, and is drawing on his vital force energy via an emotional body program of responsibility at his fourth chakra.

Most likely, this client takes on excessive responsibility for all people he is in relationships with, especially his intimate relationships. Most likely he attracts "wounded bird" type partners that he has to take excessive responsibility for and tries to "fix" them through love. Most likely he feels unable to end these relationships because he feels he would cause harm. Given the fourth chakra tear in his Golden Web, he may not like himself very much when he is in relationships. He may both feel a strong sense of responsibility and act accordingly, while also being resentful of this responsibility at the same time. He is most likely VERY loyal but may also have commitment issues because, once committed, he is unlikely to end relationships. At the same time, he most likely feels he "should" get married.

At the level of action, the client needs to step into more balanced relationships where he takes on only appropriate responsibility and allows the other partner



to take responsibility for themselves. I would ask this client what responsibilities he is currently taking on for his partner, if he is in a relationship. If single, I would ask him how taking on too much responsibility is manifesting in his dating behaviors. Based on his responses, we can then figure out what responsibilities he can let go of, whether that means no longer supporting his partner financially or finally pursuing a hobby even though his partner might feel left out of his new interests.

### **Example Negative Karmic Pattern #4**

Negative Spirit Guide

Golden Web tear at 7th chakra Godspark damage

What position does this Spirit Guide occupy on my client's team? (#3)

At what present-life age did my client hire this negative Guide? (Age 8/9)

What kind of program is this negative Guide running? Is it mental or emotional?  
(Mental)

At what chakra is this program running? (7th)

What is the program? (Helplessness)

The Soul story:

In these types of instances, it is always important to ASK the client: What happened when you were eight or nine that it served you to adopt helplessness and pretend you didn't have choices? (This question is based on the program name and location at the 7th chakra). Why was being helpless a coping mechanism for you at that time? How did choosing to be helpless actually help you?

Remember, negative Spirit Guides AND present-life entities provide us with coping mechanisms that we CHOOSE.

In this case, the client was severely bullied at school. Apparently she was forced to run all kinds of errands, give up her lunch money, etc., by some older girls. Given the choice to stand up to the bullies or give in, she made the choice to adopt an attitude of helplessness and surrender to her tormentors. She essentially adopted an attitude of having no choice in the matter and simply obeyed them in order to just get through the situation. However, this caused her to adopt an attitude of helplessness and “I don’t have a choice” whenever confronted with people in authority or unpleasant situations in her life.

At the level of action, this client needs to look at where in her life she is still pretending helplessness. What is she doing in her life because she’s telling herself she doesn’t have a choice? Whose authority is she basing her choices on? Once the client has identified what choices she’s still making because it’s just easier to do what other people want, she needs to ask herself what SHE wants for herself ... and do that!

## COMMUNICATION GUIDELINES

Increased access to spiritual wisdom and infinite intelligence is a normal phenomenon associated with doing sessions for others in the Akashic Records. One of the reasons why giving sessions to others is so rewarding is that every single Record we access gives us yet another gift of understanding and wisdom.

Power and responsibility go hand in hand. The following communication guidelines will serve you, whether you are speaking to actual clients or simply

people who seek your help or counsel informally:

Never give the impression to another that they have a spiritual mandate or job assignment, or a “mission” they have to fulfill. There is no spiritual authority outside of ourselves that “wants us” to do something.

The Universe doesn’t want anything from us or for us! Please refrain from using the word “should” or implying any kind of judgment of the other’s choices. Always uphold everyone as the Creator of their own experience, and to take full responsibility for both their choices and their results.

If you are serving someone by accessing their Records for them, always focus them attention on their human experience here and now. Some people deflect from the intent of their session by allowing their mind’s curiosity to get the better of them. They can become highly curious about past lives and abstract spiritual information that isn’t actionable or relevant. Remind them that their Soul chose this human experience as its vehicle of self-expression, so that they can experience themselves as Creators through their physical circumstances.

Never scare people with talk of negative influences - always emphasize how they themselves create negative blocks and restrictions through choice. Some people love the idea of being a victim to “negative forces” or “psychic attack” because this allows them to abdicate responsibility for their own experience. Always focus your clients on what they can do differently, and what new choices they can make.

There is never a need to feel bad or sorry for anyone you are doing a session for,

regardless of what you uncover in their Records. They have powerfully created their own circumstances, which are always a perfect reflection of their choices. At all times, everyone is always able to make new choices and change their circumstances, through the power of free will. Uphold everyone you serve as equally powerful, and Divine.

## PRESENTING TO CLIENTS

We usually present the Soul Profile information to the client first. You'll want to share with them about who they are, but also feel free to point out what characteristics of their Soul Group or energy centers they are not able to fully access because of existing blocks and restrictions.

You can then transition into telling the client the Soul stories, mentioning the blocks and restrictions as you tell them about their past choices, and how these choices are continuing to shape their experience today. Discuss with them what new actions they might be able to take to resolve the negative karmic patterns. Then tell them that you have already done the clearing work in their Record, and that you will be sending them "homework" to facilitate the clearing (more on that a bit later) as well as the recording of their session. Finally, allow a few minutes to answer questions and clarify the information.

When you begin your conversation with the client, set the agenda for the session. This makes the client feel comfortable - they know that there's a plan for your time together, and they can relax and listen.

*"We're going to talk first about who you are at Soul-level, so that you know your*

*Divine Gifts. And then we'll talk about what negative blocks and restrictions are currently affecting you, which explains why you may not be fully accessing your Gifts. This will explain quite a lot about what you're experiencing in your life. And finally, we'll have a few minutes to answer your questions. I'm also recording the session, so you can just relax and listen rather than take notes. Does that sound good?"*

## COMMUNICATING THE PROFILE

The key to effectively communicating the Divine Soul Blueprint and Soul Profile information to our clients is to share what we know about who they are ... and resist the need to share technical details. The goal is not to teach clients Soul Realignment®! This part of the session is intended to direct their focus towards their Divine nature and how they can live their Divinity.

We want to give clients only information that is actionable and relevant specific to their human experience. That's how we increase the transformational potential of our work!

For example, rather than explaining what the Energy Centers are, you might say: "There is one specific energetic quality that your Soul is mainly comprised of. You can think of this energetic quality as your Divine Gifts - it really is the essence of who you are at Soul-level ..." You would then let them know the characteristics of their Energy Center without going into further details of what the Energy Centers are, because that would really be irrelevant to their specific experience.

We can acknowledge that the client has made quite a few choices to align to their Divinity without mentioning “Spheres of Protection” and we can tell them about where they are on their path without saying the words “Soul Vibration Rate.” Stay away from the technical terminology that we use as Practitioners, because it creates curiosity. Instead, focus on what the information means to your client.

Similarly, we don’t need to go into details of what Soul groups are. I actually prefer not to mention the name of the Soul group, simply because the client will usually look it up online and possibly come up with a lot of distracting nonsense.

We must recognize that all of us have a tendency to want more information, because gathering information is far less risky than taking new action and doing actual transformation. The way our clients will get to know “more” about themselves is by actually doing their Divinity, and experiencing the results of their new choices.

## COMMUNICATING THE SOUL STORIES

While we don’t want to use our terminology when we present the Soul Profile, the opposite is true with blocks and restrictions! You do want to use the terminology such as “constraint” or “vow” or “Attaching Soul.” Call blocks and restrictions what they are within your session. There is power in naming what is affecting us. When we name something, we can wrap our minds around it, claim it, and change it! By giving the client a name for what is affecting them, they are more empowered to clear it. Also, you will eventually be sending the client clearing “homework” to do on their own behalf. This is not very effective if the client

doesn't know what they are clearing!

Explain what the actual block / restriction is in one, maybe two sentences at most and then focus on what choices created the block, and how it may affect their current life experience. Your clients do not need to become experts on blocks and restrictions. They just need enough understanding so that the clearing work is effective.

For example: "Five lifetimes ago, you created a negative etheric implant. Think of negative etheric implants as a little piece of software that creates certain thought forms in your mental body. They are essentially a coping mechanism. Here's how you created this issue: You joined a military organization ... etc."

Occasionally, a Soul story may be as short as "Four lifetimes ago, you took a Vow of Obedience when you entered a religious organization." You would then simply explain to the client how a Vow of Obedience affects them. You might then give them some actionable "homework" to allow themselves to break a few rules (in a non-damaging way, of course) based on their own inner authority. Some stand-alone issues can often be covered in just a few short sentences. This doesn't mean that they not important! Resist the need to give the client "a lot" of information. Volume is not value.

## EMPOWERING TRANSFORMATION

Each issue should communicate something actionable to the client, beyond the clearing work, which we will cover in Lesson Ten. This is what makes our work truly transformational and empowering. Giving our clients actionable information also differentiates this work from many other intuitive readings and energy

healing, making it grounded and practical.

However, please do not attach to creating a “result” in your client’s lives. The client still has to choose new action if they are going to change their circumstances. We never want to give a client a sense of something being “wrong” with them that they can’t change. On the other hand, we don’t want them to rely solely on clearing work, either!

We want to give the client something to do, but without telling them exactly what to do! After all, we want to support our clients in stepping into their inner authority and Divine self-expression.

However, if a client knew how to do so, they’d already be doing it. Give the client some broad examples of what they could do! “In order to shift this pattern, you might try something like ...”

We uphold negative karmic patterns through the every day, normal choices we make within our relationships, our work, how we deal with money, and what we choose to do. It’s also by making new choices in our every day, normal lives that we can change our karmic patterns. Your client does not have to massively transform their whole life overnight in order to resolve a negative karmic pattern. Sometimes no longer taking responsibility for making dinner every night, or no longer going to a book club, or having our children do their own laundry can make a big difference. What we stop doing is as important as what we start doing when it comes to resolving negative karmic patterns.

For example, if a client has an implant running a program of “undeservingness,” they can shift this negative karmic pattern by giving themselves more of what



they want. This can happen in the very small details of every day life ... buying themselves flowers at the grocery store, or giving themselves an additional half hour to work out, or getting a massage. It can also mean tossing out those worn-out towels they've been tolerating. Or finally buying a bra that really fits. Or joining a choir.

It doesn't take a huge amount of money or time to change our negative karmic patterns. It does, however, take effort and attention. While we all, in principle, want to resolve our negative karmic patterns, new choices will always be uncomfortable. If we were already comfortable making positive choices, we'd already be making them!

A client with a negative intention of "self-doubt" placed on them might have to retrain themselves to pull the trigger on decisions they've been procrastinating on through endless research. We wouldn't advise a client to start with huge life-changing decisions. But they may be procrastinating on going to the dentist because they want to make sure they are going to the "right" person, or procrastinating on buying a blender because they feel they first have to read hundreds of online product reviews. These are all opportunities to change their karmic patterns!

Please understand that your clients will need a little help coming up with these possible new choices! Ask them how the energy of blocks and restrictions is manifesting itself in their lives. If you ask a client "what small choices have you not been making because you doubt yourself?" they will start realizing just how pervasive the "self-doubt" really is. They will also start seeing opportunities for transformation they can actually DO, right now.

Occasionally, clients are ready to make some major life changes and are coming to us for confirmation. We obviously never tell someone they “should” quite their job or get a divorce! But occasionally, a client will ask us “What do you think I should do?” You can diplomatically re-iterate the energetics you uncovered. “Well, the current energy of your choices is “toleration,” and you are seeing that clearly. And those choices are creating the circumstances you’re in. So, based on the understanding you have right now, what do you want to do?”

So much of what we do is validating the client’s feeling about their own experience, and giving them permission to break free from their status quo and make new choices!

If your client is engaged in negative karmic patterns of victimization or helplessness, please be especially careful of stressing their responsibility for their own choices. These types of clients will often flatter us as “saviors” who are finally going to “help them.” However, they are also the most likely to blame us for their lack of results! If you give them actionable homework, however, you can then always ask: “Did you actually DO any of the things we talked about?”

## LESSON EIGHT DOWSING PROTOCOL

- *Is this negative karmic pattern a past-life or present-life pattern?*
- *(For past-life) How many lifetimes ago did my client instigate this negative karmic pattern?*
- *Was my client incarnated as male or female in that lifetime?*
- *(For present-life) At what present-life age did my client instigate this negative karmic pattern?*

For Attaching Souls (or discovering who else was involved)

- *Was this Attaching Soul a family member? Immediate Family? Relative? Spouse? Lover? Romantic interest? Friend? Authority figure?*

For Programs / Energetic Statements

- *What program is this (Attaching Soul / Implant / negative Guide) running? (Use Programs / Energetic Statements chart)*
- *Is this a mental or emotional body program?*
- *At what chakra is this program running?*
- *What is the energetic statement created by this (negative unjustified karma/ negative thought form / negative intentions / bargain / and constraint)?*

For Implants

- *If past life (usually it is!): How many lifetimes ago was this implant received?*
- *Did my client join a group or organization in that lifetime?*
- *What kind of group or organization? (Religious, political, educational, military, social, economic, etc. ... there's only so many kind of groups we can join!)*

- *Did the client perceive personal gain from joining / staying in the group? If yes, what did they get out of joining or staying?*
- *Did the client recognize at some point that the organization was corrupt?*
- *What negative choices did the client feel they needed to make in order to stay in the organization?*

For Negative Unjustified Karma

- *Did my client cause physical harm? (If no) Emotional harm?*
- *(If physical) Was someone killed? Injured? Disabled?*
- *(If emotional) Was there a perception of betrayal?*

For Present-Life Issues

- *At what present-life age was this negative Guide hired / did the engagement with the independent negative thought form start?*

## PROGRAMS / ENERGETIC STATEMENTS CHART

	Column 1	Column 2	Column 3
Row 1	Abstinence Aggression Anger Anxiety Blame	Chaos Conditionality Confusion Craving Criticism Depression	Dependence Desire Despair Disassociation Disempowerment Doubt
Row 2	Drama Failure Fear Fragility Guilt Helplessness	Humility Ignorance Inhibition Intimidation Isolation	Judgment Lack Lethargy Limitation Loss
Row 3	Miscommunication Misdirection Misguidance Misinformation Misunderstanding Obedience	Obstruction Pain Passivity Penitence Persecution Restriction	Self-Criticism Self-Doubt Self-Loathing Shame Suffering Timidity
Row 4	Trauma Turmoil Unconsciousness Victimization	Violence Weakness Withdrawal Withholding	Worry